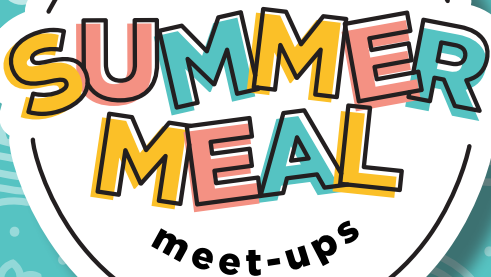




# SEE YOU THIS SUMMER!

At Summer Meal Meet-Ups, anyone 18 and under can get a free, nutritious meal or snack at more than 50 locations in central Iowa. Everyone's welcome and no sign-up is required. Meals, days, and times vary by location, so check your local site for availability. A nutritious summer starts here!

**Flip to read more.**

The logo features the words "SUMMER MEAL" in large, colorful, outlined letters (yellow, blue, red, and green) stacked on two lines. Below them, the words "meet-ups" are written in a smaller, black, lowercase font. The entire logo is enclosed in a white circular shape with a black outline, set against a teal background with faint white icons of various fruits like lemons, strawberries, and apples.

**SUMMER  
MEAL**  
meet-ups

**FREE FOR ANYONE  
18 AND UNDER**

**FIND A MEAL NEAR YOU**

**TEXT "FOOD" or "COMIDA"**  
to 877-877

**CALL 211** and ask  
about Summer Meals

**VISIT** [SummerMealsIA.org](http://SummerMealsIA.org)



**OPPORTUNITY**  
FIGHTING POVERTY TOGETHER

This institution is an equal opportunity provider.