## Norwalk Community School District-Lakewood JANUARY 2020 BREAKFAST AND LUNCH MENU MONDAY THESDAY WEDNESDAY THURSDAY FRIDAY 2 3 Meal Prices for 2019-20 Elementary Lunch \$2.70 Milk \$.50 Student Breakfast \$1.85 6 Bacon Breakfast Pizza\* 7 Cheese Omelet, Toast 8 French Toast Sticks 9 Sausage Gravy Breakfast Pizza\* 10 Sausage Pancake on a Stick\* Fruit, Juice & Milk Stuffed Crust Pepperoni Pizza\* Chicken Leg/Dinner Roll Homemade Italian Meat Sauce/Pasta French Toast Sticks/Trix Yogurt Corn Dog Colby Jack Cheese Stick/Roll **Deli Turkey Sandwich** Turkey & Cheese Roll Up Diced Ham\*/Dinner Roll Deli Ham Sandwich\* Steamed Peas Mixed Vegetables **Baked Beans** Steamed Broccoli Hash Brown **Baby Carrots** Romaine Salad Romaine Salad **Baby Carrots Baby Carrots Red Pepper Strips** Chilled Edamame Fresh Veggie Choice Zucchini Sticks Broccoli **Diced Pears** Orange Wedges Pineapple 100% Fruit Juice Applesauce Blueberries Peaches Mandarin Oranges **Baked Apples** Fruit Side Kick 13 Bacon Breakfast Pizza\* 14 Cheese Omelet, Toast 15 French Toast Sticks 16 Sausage Gravy Breakfast Pizza\* 17 Sausage Pancake on a Stick\* Fruit, Juice & Milk Fish Treasures/Goldfish Crackers Orange Chicken/Rice Walking Taco/Salsa Pancakes/Egg Omelet Cheese Stuffed Sticks/Marinara Diced Ham\*/Goldfish Crackers Deli Ham Sandwich\* Sun Butter Sandwich Diced Turkey/Dinner Roll Deli Turkey on WG Bun Oven Baked Tater Tots Steamed Broccoli Green Beans Refried Beans Tri-Tater Baby Carrots Romaine Salad **Baby Carrots** Shredded Romaine Lettuce **Baby Carrots** Chilled Edamame Zucchini Slices Celery Sticks Diced Tomatoes **Grape Tomatoes** Apple Slices Banana Peaches **Mandarin Oranges** 100% Fruit Juice Fruit Cocktail Applesauce Pineapple Tidbits Pears Dried Fruit 21 Cheese Omelet, Toast 22 French Toast Sticks 24 Sausage Pancake on a Stick\* 20 23 Sausage Gravy Breakfast Pizza\* Fruit, Juice & Milk Fruit, Juice & Milk Fruit, Juice & Milk Fruit, Juice & Milk Breaded Mozzarella Sticks/Marinara Chicken & Noodles/Roll Cheese Burger on Bun French Toast/Egg Omelet NO SCHOOL! Diced Turkey/Dinner Roll **Deli Turkey Sandwich** Deli Ham Sandwich\* Sun Butter Sandwich Fiesta Black Beans **Mashed Potatoes Baked Beans** Hash Brown Romaine Salad **Baby Carrots** Romaine Salad **Baby Carrots Cucumber Slices** Broccoli Celery Sticks Tomato Slices Pineapple Apricots Mandarin Oranges 100% Fruit Juice Thickened Strawberries Fresh Fruit Choice Applesauce Blueberries 27 Bacon Breakfast Pizza\* 28 Cheese Omelet, Toast 29 French Toast Sticks 30 Sausage Gravy Breakfast Pizza\* 31 Sausage Pancake on a Stick\* Fruit, Juice & Milk Pepperoni French Bread Pizza\* Chicken Tenders Hot Dog on a Bun\* **Breaded Chicken Sandwich** Cheese Stuffed Sticks/Marinara Deli Turkey Sandwich Diced Ham\*/Dinner Roll **Cheese Sandwich** Deli Ham Sandwich\* Deli Turkey on WG Bun Green Beans Steamed Edamame Corn **Baked Beans Tater Gems** Baby Carrots Romaine Lettuce **Baby Carrots** Romaine Salad **Baby Carrots** Chilled Edamame **Red Pepper Strips** Zucchini Slices **Tomato Slices** Celery Sticks Fresh Apple Slices Mandarin Oranges Applesauce Pears Apricots Peaches Fruit Cocktail Thickened Strawberries Pineapple & Mini Rice Krispy Bar **Baked Spiced Apples** \* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily USDA is an equal opportunity provider. Menu is subject to change without notice. Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.