

Norwalk Student Illness Guidance for Parents

You will be notified that your child needs to go home from school if he or she exhibits any of the following symptoms:



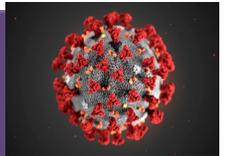
- Fever of 100.4 F or higher
- Vomiting
- Diarrhea
- Symptoms of [contagious illness](#), such as: COVID-19, influenza, strep throat, skin infections

Students may return after 24 hours:



- After antibiotics have started (if applicable) for 24 hours.
- Fever free (**without** the use of fever reducing medication) for 24 hours.
- No vomiting or diarrhea for 24 hours.

COVID-19 Evaluating Sick Students and Staff



The district is following the guidance from the CDC, Iowa Dept. of Public Health (IDPH), and Warren County Health Services (WCHS). If there is misalignment or contradictory information between these entities, we start with WCHS first, then go to IDPH, and finally CDC guidance.

The following table is a comparison between [COVID-19](#), [Influenza](#), and a cold. For more, please refer to the [Iowa Department of Public Health](#) and the [CDC](#).



Symptoms	COVID-19	Influenza	Cold
Fever or chills	Common	Common	Uncommon
Headache	Common	Common	Uncommon
Aches/Pain	Common	Commonly severe	Slight
Runny Nose	Common	Common	Common
Sore Throat	Common	Common	Common
Cough	Common	Common	Common
Difficulty breathing	Common	Uncommon	Uncommon
Loss of taste or smell	Common	Uncommon	Uncommon
Stomach symptoms, such as vomiting, diarrhea, nausea	Common	Common	Uncommon

NOTE: When calling in to notify the school of your child's illness, please be specific regarding your child's symptoms. The nurses are required to report absences over 10% with similar symptoms to the IDPH. No student names are reported, only symptoms and the number of students.

Fever

Cough

Headache

Diarrhea

Rash

Sore throat

Swollen lips

Nausea/Vomiting

Fatigue/Tired

New loss of taste or smell

Congestion or runny nose

Muscle/Body Ache

Shortness of Breath

[Norwalk School Board Policy 507.3](#)