



# Norwalk Community School District-Orchard Hills Elementary



NOVEMBER 2022 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Elementary Meal Pricing:</u>  Elementary Breakfast \$2.05  Reduced Priced Breakfast \$.30  Elementary Lunch \$3.00  Reduced Priced Lunch \$.40  Single Carton of Milk \$.50</p>	<p>1 French Toast Sticks <i>or</i>  Cereal &amp; Graham Crackers  Fruit, 100% Juice &amp; Milk</p> <hr/> <p>Chicken Tenders/Dinner Roll <i>or</i>  Diced Ham*/Dinner Roll  Steamed Broccoli  Chilled Edamame/Baby Carrots  Blueberries  Cinnamon Applesauce</p>	<p>2 Egg Bagel <i>or</i> Cereal &amp; Graham  Crackers  Fruit, 100% Juice &amp; Milk</p> <hr/> <p>Mini Corn Dogs <i>or</i>  Deli Turkey Sandwich  Baked Beans  Celery Sticks/Baby Carrots  Mandarin Oranges  Fruit Cocktail</p>	<p>3</p> <hr/> <p>4</p> 	
<p>7 Bacon Breakfast Pizza <i>or</i>  Cereal &amp; Graham Crackers  Fruit, 100% Juice &amp; Milk</p> <hr/> <p>Individual Cheese Pizza <i>or</i>  Sun Butter &amp; Jelly Sandwich  Steamed Broccoli  Baby Carrots/Romaine Lettuce  Craisins  Mandarin Oranges</p>	<p>8 French Toast Sticks <i>or</i>  Cereal &amp; Graham Crackers  Fruit, 100% Juice &amp; Milk</p> <hr/> <p>Orange Chicken/Rice <i>or</i>  Deli Turkey &amp; Cheese on Bun  Corn  Red Peppers/Celery Sticks  Fruit Cocktail  Applesauce</p>	<p>9 Egg Bagel <i>or</i> Cereal &amp; Graham  Crackers  Fruit, 100% Juice &amp; Milk</p> <hr/> <p>Macaroni &amp; Cheese/Breadstick <i>or</i>  Deli Ham *Sandwich  Steamed Broccoli  Chilled Peas/Baby Carrots  Grapes  Craisins</p>	<p>10 Bacon Breakfast Pizza <i>or</i>  Cereal &amp; Graham Crackers  Fruit, 100% Juice &amp; Milk</p> <hr/> <p>Pancakes/Sausage Patties* <i>or</i>  Deli Turkey Sandwich  Hash Brown Potato  Baby Carrots/Edamame  100% Orange Juice  Apple Slices</p>	<p>11 Variety of Mini Entrees <i>or</i>  Cereal &amp; Graham Crackers  Fruit, 100% Juice &amp; Milk</p> <hr/> <p>Queso Blanco/Tortilla Chips <i>or</i>  Deli Turkey Sandwich  Refried Beans  Shredded Lettuce/Diced Tomatoes  Peaches  Pears</p> 
<p>14 Bacon Breakfast Pizza <i>or</i>  Cereal &amp; Graham Crackers  Fruit, 100% Juice &amp; Milk</p> <hr/> <p>Chicken Nuggets <i>or</i>  Sun Butter &amp; Jelly Sandwich  Steamed Broccoli  Baby Carrots/Romaine Lettuce  Craisins  Mandarin Oranges</p>	<p>15 French Toast Sticks <i>or</i>  Cereal &amp; Graham Crackers  Fruit, 100% Juice &amp; Milk</p> <hr/> <p>Cheese Burger <i>or</i>  Diced Ham*/Dinner Roll  Corn  Romaine Lettuce/Tomato Slices  Apricots  Apple Slices</p>	<p>16 Egg Bagel <i>or</i> Cereal &amp; Graham  Crackers  Fruit, 100% Juice &amp; Milk</p> <hr/> <p>Corn Dog <i>or</i>  Deli Turkey Sandwich  Baked Beans  Cucumber Slices/Baby Carrots  Fruit Cocktail  Thickened Strawberries</p>	<p>17 Bacon Breakfast Pizza <i>or</i>  Cereal &amp; Graham Crackers  Fruit, 100% Juice &amp; Milk</p> <hr/> <p>Breaded Chicken Patty on a Bun <i>or</i>  Deli Ham* &amp; Cheese on a Bun  Sweet Potato Fries  Baby Carrots/Chilled Edamame  Pears  Mandarin Oranges</p>	<p>18 Variety of Mini Entrees <i>or</i>  Cereal &amp; Graham Crackers  Fruit, 100% Juice &amp; Milk</p> <hr/> <p>Cheese Stuffed Sticks/Marinara <i>or</i>  Deli Turkey Sandwich  Green Beans  Chilled Peas/Romaine Lettuce  Pineapple  Peaches</p>
<p>21 Bacon Breakfast Pizza <i>or</i>  Cereal &amp; Graham Crackers  Fruit, 100% Juice &amp; Milk</p> <hr/> <p>Cheese Pizza <i>or</i>  Diced Ham*/Dinner Roll  Steamed Peas  Baby Carrots/Zucchini Slices  Blueberries  Pears</p>	<p>22 French Toast Sticks <i>or</i>  Cereal &amp; Graham Crackers  Fruit, 100% Juice &amp; Milk</p> <hr/> <p>Hot Dog on a Bun* <i>or</i>  Turkey &amp; Cheese Sandwich  Baked Beans  Baby Carrots/Fresh Broccoli  Peach Cup  Craisins</p>	<p>23</p> 	<p>24</p> 	<p>25</p> 
<p>28 Bacon Breakfast Pizza <i>or</i>  Cereal &amp; Graham Crackers  Fruit, 100% Juice &amp; Milk</p> <hr/> <p>Pizza Crunchers <i>or</i>  Diced Turkey/Dinner Roll  Mixed Vegetables  Baby Carrots/Cucumber Slices  Applesauce Cup  Craisins</p>	<p>29 French Toast Sticks <i>or</i>  Cereal &amp; Graham Crackers  Fruit, 100% Juice &amp; Milk</p> <hr/> <p>Chicken Tenders/Dinner Roll <i>or</i>  Ham Sandwich*  Steamed Broccoli  Chilled Edamame/Baby Carrots  Orange Wedges  Pineapple</p>	<p>30 Egg Bagel <i>or</i> Cereal &amp; Graham  Crackers  Fruit, 100% Juice &amp; Milk</p> <hr/> <p>Pepperoni Pizza*  Turkey Sandwich  Glazed Carrots  Celery/Broccoli  Banana  Strawberry Cup</p>		

*Nutritional information, including common food allergens can be found at [norwalkschools.nutrislice.com](http://norwalkschools.nutrislice.com). Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.*

\* Entrée May Contain Pork

Only Whole Grain-Rich Products Are Served

A Variety of Condiments Are Offered Daily

USDA is an equal opportunity provider.

Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily.

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.