


Norwalk Lunch Menu Grades 6-8    January 2024
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Choose an Entrée:	1	MONDAY	2	TUESDAY	3	WEDNESDAY	4	THURSDAY	5	FRIDAY
Entrée Selection: Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.)	<b>MEAL PRICES FOR 2023-2024</b> GRADES 6-12 BREAKFAST \$2.15 REDUCED PRICED BF \$3.0 GRADES 6-12 LUNCH \$3.20 REDUCED PRICED LUNCH \$4.0 SECOND ENTRÉE \$3.20 SECOND MEAL BUNDLE \$3.70 ADULT LUNCH \$4.85/BF \$2.60				Corn Dog Breaded Mozzarella Sticks/Marinara Honey Sriracha Chicken/Rice Deli Sandwich <sup>or</sup> Salad Bar Corn Steamed Broccoli Craisins Apple Slices Assorted Fresh Fruit	Chicken Tenders Philly Beef Cheese Steak Queso Blanco & Tortilla Chips Deli Sandwich <sup>or</sup> Salad Bar Refried Beans Seasoned Potato Wedges Pears Mandarin Oranges Assorted Fresh Fruit	Pepperoni French Bread* Hamburger with Crispy Onion Strips Pancakes/Cheese Omelet Deli Sandwich <sup>or</sup> Salad Bar Hash Brown Steamed Edamame Chilled Blueberries 100% Fruit Juice Cup Assorted Fresh Fruit			
Choose an Entrée:	8	MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY
Entrée Selection: Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.)	Mini Corn Dogs Fiestada Beef Pizza Chicken Crispos/Salsa Deli Sandwich <sup>or</sup> Salad Bar Baked Beans Broccoli Apple Slices Peaches Assorted Fresh Fruit		Popcorn Chicken/Dinner Roll Bosco Cheese Sticks/Marinara Deconstructed Burrito Bowl Deli Sandwich <sup>or</sup> Salad Bar Sweet Potato Fries Fiesta Black Beans Mandarin Oranges Applesauce Assorted Fresh Fruit		Breaded Chicken Sandwich Garlic Cheese Bread Spaghetti & Meat Sauce/Bread Stick Deli Sandwich <sup>or</sup> Salad Bar Green Beans Steamed Cauliflower Pears Baked Apples Assorted Fresh Fruit	Cheese Burger Stuffed Crust Pepperoni Pizza* Chicken & Noodles/Dinner Roll Deli Sandwich <sup>or</sup> Salad Bar Scalloped Potatoes Steamed Peas Orange Wedges Pineapple Assorted Fresh Fruit	Cheese Pizza Deluxe Chicken Sandwich Salisbury Steak/Gravy/Biscuit Deli Sandwich <sup>or</sup> Salad Bar Mashed Potatoes Green Beans Fruit Cocktail Strawberries Assorted Fresh Fruit			
Choose an Entrée:	15	MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY
Entrée Selection: Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.)	<div>No School Today! </div>		Garlic Cheese Bread Hamburger Chicken Fajita/Salsa Deli Sandwich <sup>or</sup> Salad Bar Baked Beans Steamed Peas Strawberry Applesauce Pineapple Assorted Fresh Fruit		Chicken Nuggets/Dinner Roll Pizza Crunchers Turkey & Gravy/Biscuit Deli Sandwich <sup>or</sup> Salad Bar Mashed Potatoes Green Beans Mandarin Oranges Applesauce Assorted Fresh Fruit	Spicy Chicken Sandwich Cheese Stuffed Sticks/Marinara General Tso's Ramen Bowl Deli Sandwich <sup>or</sup> Salad Bar Steamed Broccoli Glazed Carrots Baked Apples Fruit Cocktail Assorted Fresh Fruit	Bosco Cheese Sticks/Marinara Pork Fritter* on Bun Mini Pancakes/Cheese Omelet Deli Sandwich <sup>or</sup> Salad Bar Sweet Potato Fries Edamame 100% Fruit Juice Cup Pears Assorted Fresh Fruit			
Choose an Entrée:	22	MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	FRIDAY
Entrée Selection: Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.)	Pepperoni Pizza* Breaded Mozzarella Sticks/Marinara Meatball Sub Sandwich Deli Sandwich <sup>or</sup> Salad Bar Glazed Carrots Steamed Corn Apple Slices Fruit Cocktail Assorted Fresh Fruit		Dill Seasoned Chicken Chunks Grilled Cheese Sandwich Pasta & Meat Sauce/Breadstick Deli Sandwich <sup>or</sup> Salad Bar Tater Tots Steamed Peas Mandarin Oranges Applesauce Assorted Fresh Fruit		Mini Corn Dogs Chicken Fried Steak on a Bun Orange Chicken/Brown Rice Deli Sandwich <sup>or</sup> Salad Bar Green Beans Steamed Cauliflower Pears Apricots Assorted Fresh Fruit	Chicken Drumstick/Biscuit BBQ Pork Rib* on a Bun French Toast Sticks/Cheese Omelet Deli Sandwich <sup>or</sup> Salad Bar Hash Brown Italian Blend Vegetables Banana 100% Fruit Juice Assorted Fresh Fruit	Cheese Stuffed Sticks/Marinara Chicken Tenders Walking Taco/Salsa/Cheese Deli Sandwich <sup>or</sup> Salad Bar Refried Beans Sweet Potato Fries Fruit Cocktail Orange Wedges Assorted Fresh Fruit			
Choose an Entrée:	29	MONDAY	30	TUESDAY	31	WEDNESDAY	A variety of fresh fruits and vegetable options are offered each day on our Garden Bar as part of the meal option. Students may complement each lunch meal with baby carrots, romaine lettuce, broccoli, cauliflower, assorted sweet peppers, tomatoes and/or legumes each day in addition to the published menu sides. They must take a minimum of 1/2 cup of a fruit and/or vegetable, along with 2 other food groups, to build a meal. A la carte items and menu sides are available to purchase if the student's meal account does not have restrictions and has a positive fund balance.			
Entrée Selection: Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.)	Hot Dog on a Bun* Breaded Chicken Sandwich Macaroni & Cheese/Breadstick Deli Sandwich <sup>or</sup> Salad Bar Steamed Peas Baked Beans Mandarin Oranges Cinnamon Applesauce Assorted Fresh Fruit		Chicken Nuggets/Dinner Roll Pizza Crunchers Turkey & Gravy/Biscuit Deli Sandwich <sup>or</sup> Salad Bar Mashed Potatoes Green Beans Peaches Pineapple Assorted Fresh Fruit		Breaded Chicken Sandwich Garlic Cheese Bread Beef Soft Taco/Cheese/Salsa Deli Sandwich <sup>or</sup> Salad Bar Refried Beans Steamed Cauliflower Pears Baked Apples Assorted Fresh Fruit					
All breakfast meals include fruit, 100% juice and milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day. *Entrée May Contain Pork Whole Grain Products Offered Daily A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider. <b>Please bring your student ID/ lunch card each day so that we may efficiently serve you!</b>										