Norwalk Lunch Menu Grades 9-12 March 2024

Choose an Entrée:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Entrée Selection:	Students please join us as we kick off National School Breakfast Week March 4th - March 7th. Students can receive one free breakfast meal on Monday, March 4th in the cafeteria.	**A variety of fresh fruits and vegetable options are offered each day on our Garden Bar as part of the meal option. Students may complement each lunch meal with baby carrots, romaine lettuce, broccoli, cauliflower, assorted sweet peppers, tomatoes and/or legumes each day in addition to the published menu sides. They must take a minimum of 1/2 cup of a fruit and/or vegetable, along with 2 other food groups, to build a meal. A la carte items and menu sides are available to purchase if the student's meal account does not have restrictions and has a positive fund balance.**			**Cheese Stuffed Sticks/Marinara**
Entrée Selection:					**Chicken Tenders/Dinner Roll**
Entrée Selection:					**Walking Taco/Salsa/Cheese**
Entrée Selection:					**Deli Sandwich *or* Salad Bar**
Choose Side Items:					Refried Beans
(Must choose at least 1 side to build a meal.)					Sweet Potato Fries
					Fruit Cocktail
					Orange Wedges
					Assorted Fresh Fruit

Choose an Entrée:	4 MONDAY	5 TUESDAY	6 WEDNESDAY	7 THURSDAY	8 FRIDAY
Entrée Selection:	**Hot Dog on a Bun***	**Chicken Nuggets/Dinner Roll**	**Spicy Chicken Tenders/Dinner Roll**	**Deluxe Chicken Sandwich**	
Entrée Selection:	**Breaded Chicken Sandwich**	**Pizza Crunchers**	**Philly Cheese Steak**	**Garlic Cheese French Bread**	
Entrée Selection:	**Macaroni & Cheese/Breadstick**	**Turkey & Gravy/Biscuit**	**Soft Tacos/Cheese/Salsa**	**Chicken Fajita Pasta/Breadstick**	
Entrée Selection:	**Deli Sandwich *or* Salad Bar**	**Deli Sandwich *or* Salad Bar**	**Deli Sandwich *or* Salad Bar**	**Deli Sandwich *or* Salad Bar**	**No School Today!**
Choose Side Items:	Steamed Peas	Mashed Potatoes	Refried Beans	Steamed Corn	
(Must choose at least 1 side to build a meal.)	Baked Beans	Green Beans	Steamed Broccoli	Green Beans	
	Mandarin Oranges	Peaches	Pears	Strawberries	
	Cinnamon Applesauce	Pineapple	Apricots	Fruit Cocktail	
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	

Choose an Entrée:	11 MONDAY	12 TUESDAY	13 WEDNESDAY	14 THURSDAY	15 FRIDAY
Entrée Selection:			*NO SCHOOL MARCH 8-15*		
Entrée Selection:					
Entrée Selection:					
Entrée Selection:					
Choose Side Items:					
(Must choose at least 1 side to build a meal.)					

Choose an Entrée:	18 MONDAY	19 TUESDAY	20 WEDNESDAY	21 THURSDAY	22 FRIDAY
Entrée Selection:	**Corn Dog**	**Chicken Drumstick/Biscuit**	**Chicken Tenders/Dinner Roll**	**Spicy Chicken Sandwich**	**Pepperoni French Bread***
Entrée Selection:	**Breaded Mozzarella Sticks/Marinara**	**Cheese Pizza**	**BBQ Pork Rib* on a Bun**	**Cheese Stuffed Sticks/Marinara**	**Hamburger**
Entrée Selection:	**Teriyaki Chicken/Rice**	**Beef & Noodles/Dinner Roll**	**Queso Blanco & Tortilla Chips**	**Totchos/Warrior Waffle**	**Pancakes/Cheese Omelet**
Entrée Selection:	**Deli Sandwich *or* Salad Bar**	**Deli Sandwich *or* Salad Bar**	**Deli Sandwich *or* Salad Bar**	**Deli Sandwich *or* Salad Bar**	**Deli Sandwich *or* Salad Bar**
Choose Side Items:	Steamed Broccoli	Mashed Potatoes	Refried Beans	Green Beans	Sweet Potato Fries
(Must choose at least 1 side to build a meal.)	Corn	Italian Blend Vegetables	Steamed Broccoli & Cauliflower	Carrots	Edamame
	Apple Slices	Mandarin Oranges	Pears	Baked Apples	100% Fruit Juice Cup
	Pineapple	Applesauce	Apricots	Strawberries	Blueberries
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit

Choose an Entrée:	25 MONDAY	26 TUESDAY	27 WEDNESDAY	28 THURSDAY	29 FRIDAY
Entrée Selection:	**Mini Corn Dogs**	**Popcorn Chicken/Dinner Roll**	**Breaded Chicken Sandwich**	**Cheese Burger**	**Cheese Pizza**
Entrée Selection:	**Fiestada Beef Pizza/Salsa**	**Bosco Cheese Sticks/Marinara**	**Garlic Cheese Bread**	**Stuffed Crust Pepperoni Pizza***	**Deluxe Chicken Sandwich**
Entrée Selection:	**Chicken Crispitos/Cheese Sauce/Salsa**	**Deconstructed Burrito Bowl**	**Spaghetti & Meat Sauce/Bread Stick**	**Chicken & Noodles/Dinner Roll**	**Salisbury Steak/Gravy/Biscuit**
Entrée Selection:	**Deli Sandwich *or* Salad Bar**	**Deli Sandwich *or* Salad Bar**	**Deli Sandwich *or* Salad Bar**	**Deli Sandwich *or* Salad Bar**	**Deli Sandwich *or* Salad Bar**
Choose Side Items:	Baked Beans	Sweet Potato Fries	Green Beans	Scalloped Potatoes	Mashed Potatoes
(Must choose at least 1 side to build a meal.)	Broccoli	Fiesta Black Beans	Steamed Cauliflower	Steamed Peas	Green Beans
	Apple Slices	Mandarin Oranges	Pears	Orange Wedges	Fruit Cocktail
	Peaches	Applesauce	Baked Apples	Pineapple	Strawberries
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit

All breakfast meals include fruit, 100% juice and milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.
*Entrée May Contain Pork Whole Grain Products Offered Daily

A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.

Please bring your student ID/ lunch card each day so that we may efficiently serve you!