

Norwalk Lunch Menu Grades 9-12 April 2024										
Choose an Entrée:	1	MONDAY	2	TUESDAY	3	WEDNESDAY	4	THURSDAY	5	FRIDAY
Entrée Selection: Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.)		Garlic Cheese Bread Hamburger Chicken Fajitas/Salsa Deli Sandwich ^{or} Salad Bar Fiesta Black Beans Steamed Broccoli Apple Slices Pineapple Assorted Fresh Fruit		Chicken Nuggets/Dinner Roll Pizza Crunchers Turkey & Gravy/Biscuit Deli Sandwich ^{or} Salad Bar Mashed Potatoes Green Beans Mandarin Oranges Applesauce Assorted Fresh Fruit		BBQ Pork Rib* on a Bun Spicy Chicken Sandwich Pancakes & Sausage Patties* Deli Sandwich ^{or} Salad Bar Hash Brown Carrots 100% Fruit Juice Cup Chilled Blueberries Assorted Fresh Fruit		Bosco Cheese Sticks/Marinara Stuffed Crust Cheese Pizza Sweet & Sour Chicken/Ramen Deli Sandwich ^{or} Salad Bar Edamame Corn Strawberries Fruit Cocktail Assorted Fresh Fruit		Cheese Stuffed Sticks/Marinara Pepperoni French Bread* Chili & WG Cinnamon Roll Deli Sandwich ^{or} Salad Bar Mixed Vegetables Tater Tots Peaches Pears Assorted Fresh Fruit
Choose an Entrée:	8	MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY
Entrée Selection: Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.)		Pepperoni Pizza* Breaded Mozzarella Sticks/Marinara Meatball Sub Sandwich Deli Sandwich ^{or} Salad Bar Carrots Steamed Edamame Apple Slices Pineapple Assorted Fresh Fruit		Dill Seasoned Chicken Chunks Grilled Cheese Sandwich Pasta & Meat Sauce/Breadstick Deli Sandwich ^{or} Salad Bar Tater Tots Steamed Peas Mandarin Oranges Applesauce Assorted Fresh Fruit		Mini Corn Dogs Pork Fritter* on Bun Orange Chicken/Brown Rice Deli Sandwich ^{or} Salad Bar Green Beans Steamed Broccoli Pears Apricots Assorted Fresh Fruit		Chicken Drumstick/Biscuit BBQ Pork Rib* on a Bun French Toast Sticks/Cheese Omelet Deli Sandwich ^{or} Salad Bar Hash Brown Italian Blend Vegetables Grapes Peaches Assorted Fresh Fruit		Cheese Stuffed Sticks/Marinara Chicken Tenders/Roll Walking Taco/Salsa/Cheese Deli Sandwich ^{or} Salad Bar Refried Beans Sweet Potato Fries Fruit Cocktail Orange Wedges Assorted Fresh Fruit
Choose an Entrée:	15	MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY
Entrée Selection: Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.)		Hot Dog on a Bun* Breaded Chicken Sandwich Macaroni & Cheese/Breadstick Deli Sandwich ^{or} Salad Bar Steamed Peas Baked Beans Mandarin Oranges Cinnamon Applesauce Assorted Fresh Fruit		Chicken Nuggets/Dinner Roll Pizza Crunchers Turkey & Gravy/Biscuit Deli Sandwich ^{or} Salad Bar Mashed Potatoes Green Beans Peaches Pineapple Assorted Fresh Fruit		Spicy Chicken Tenders/Dinner Roll Philly Cheese Steak Beef Soft Tacos/Cheese/Salsa Deli Sandwich ^{or} Salad Bar Refried Beans Steamed Broccoli Pears Apricots Assorted Fresh Fruit		Cheese Burger Pepperoni Pizza* General Tso's Chicken/Ramen Deli Sandwich ^{or} Salad Bar Sweet Potato Fries Corn Pineapple Banana Assorted Fresh Fruit		Deluxe Chicken Sandwich Garlic Cheese French Bread Chicken Fajita Pasta/Breadstick Deli Sandwich ^{or} Salad Bar Potato Wedges Green Beans Strawberries Fruit Cocktail Assorted Fresh Fruit
Choose an Entrée:	22	MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	FRIDAY
Entrée Selection: Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.)		Corn Dog Breaded Mozzarella Sticks/Marinara Teriyaki Chicken/Rice Deli Sandwich ^{or} Salad Bar Steamed Broccoli Corn Apple Slices Pineapple Assorted Fresh Fruit		Chicken Drumstick/Biscuit Cheese Pizza Beef & Noodles/Dinner Roll Deli Sandwich ^{or} Salad Bar Mashed Potatoes Italian Blend Vegetables Mandarin Oranges Applesauce Assorted Fresh Fruit		Chicken Tenders/Dinner Roll BBQ Pork Rib* on a Bun Queso Blanco & Tortilla Chips Deli Sandwich ^{or} Salad Bar Refried Beans Steamed Broccoli & Cauliflower Pears Apricots Assorted Fresh Fruit		Spicy Chicken Sandwich Cheese Stuffed Sticks/Marinara Totchos/Warrior Waffle Deli Sandwich ^{or} Salad Bar Green Beans Carrots Baked Apples Strawberries Assorted Fresh Fruit		Pepperoni French Bread* Hamburger Pancakes/Cheese Omelet Deli Sandwich ^{or} Salad Bar Sweet Potato Fries Edamame 100% Fruit Juice Cup Blueberries Assorted Fresh Fruit
Choose an Entrée:	29	MONDAY	30	TUESDAY	A variety of fresh fruits and vegetable options are offered each day on our Garden Bar as part of the meal option. Students may complement each lunch meal with baby carrots, romaine lettuce, broccoli, cauliflower, assorted sweet peppers, tomatoes and/or legumes each day in addition to the published menu sides. They must take a minimum of 1/2 cup of a fruit and/or vegetable, along with 2 other food groups, to build a meal. A la carte items and menu sides are available to purchase if the student's meal account does not have restrictions and has a positive fund balance.					
Entrée Selection: Entrée Selection: Entrée Selection: Entrée Selection: Choose Side Items: (Must choose at least 1 side to build a meal.)		Mini Corn Dogs Fiestada Beef Pizza/Salsa Chicken Crisпитos/Cheese Sauce/Salsa Deli Sandwich ^{or} Salad Bar Baked Beans Broccoli Apple Slices Peaches Assorted Fresh Fruit		Popcorn Chicken/Dinner Roll Bosco Cheese Sticks/Marinara Deconstructed Burrito Bowl Deli Sandwich ^{or} Salad Bar Sweet Potato Fries Fiesta Black Beans Mandarin Oranges Applesauce Assorted Fresh Fruit						
All breakfast meals include fruit, 100% juice and milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day. *Entrée May Contain Pork Whole Grain Products Offered Daily A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider. Please bring your student ID/ lunch card each day so that we may efficiently serve you!										