





Norwalk Community School District-Gluten-Free Elementary



MAY 2024 GLUTEN-FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 GF Grilled Cheese Sandwich Corn Romaine Lettuce/Cherry Tomatoes Peaches Grapes	2 GF Corn Dog* Baked Beans Romaine Lettuce/Baby Carrots Fruit Cocktail Applesauce Cup	3 GF Cheese Burger Green Beans Baby Carrots/Edamame Apple Slices Pineapple
6 GF Grilled Chicken Sandwich Mashed Potatoes Baby Carrots/Edamame Pears Strawberries	7 GF Deli Ham* Sandwich Steamed Peas Baby Carrots/Red Pepper Strips Apple Slices Grapes	8 GF Chicken Tenders Crinkle Cut French Fries Cucumbers/Romaine Lettuce Pineapple Peaches	9 Walking Taco/Salsa Fiesta Black Beans Shredded Romaine/Diced Tomatoes Mandarin Oranges Pears	10 GF Cheese Pizza Sweet Potato Fries Baby Carrots/Celery Applesauce Cup Fruit Cocktail
13 GF Cheese Burger Fiesta Black Beans Shredded Romaine Lettuce/Diced Tomatoes Mandarin Oranges Baked Apples	14 GF Pancakes/Sausage Patties* Hash Brown Baby Carrots/Red Pepper Strips Blueberries 100% Fruit Juice Cup	15 GF Cheese Pizza Green Beans Broccoli/Baby Carrots Banana Peaches	16 GF Grilled Chicken Sandwich Tater Tots Romaine Lettuce/Sliced Tomatoes Orange Wedges Pineapple	17 Hot Dog* on GF Bun Baked Beans Edamame/Baby Carrots Strawberries Pears & GF Chocolate Chip Cookie
20 Homemade Garlic Cheese Bread Steamed Broccoli Romaine Lettuce/Red Peppers Peaches Fruit Cocktail	21 GF Pancakes/Cheese Omelet Hash Brown Baby Carrots/Veggie Choice 100% Fruit Juice Chilled Blueberries	22 Turkey & Gravy/GF Roll Mashed Potatoes Broccoli/Baby Carrots Pineapple Strawberries	23 GF Chicken Tenders Baked Beans Romaine Lettuce/Baby Carrots Pears Applesauce Cup	24 Cheese Burger on GF Bun Mixed Vegetables Vegetable Choice/Baby Carrots Fruit Choice Mandarin Oranges
27 <i>Happy Memorial Day!</i> 	28 GF Chicken Tenders Baked Beans Baby Carrots/Veggie Choice Mandarin Oranges Fruit Choice	29 Deli Turkey Sandwich Baby Carrots Celery Sticks Applesauce Cup Craisins		
<i>Nutritional information, including common food allergens can be found at norwalkschools.nutrislice.com. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.</i>				
<p>* Entrée May Contain Pork Only Whole Grain-Rich Products Are Served A Variety of Condiments Are Offered Daily USDA is an equal opportunity provider. Menu is subject to change without notice.</p> <p>GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily</p> <p>All meals include a choice of fruit & vegetable sides, as well as a carton of milk.</p>				