





Norwalk Community School District-Gluten-Free SCC



MAY 2024 GLUTEN-FREE GRADES 6-12 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <b>GF Chicken Tenders/GF Roll</b> Green Beans French Fries Pears Baked Apples	2 <b>Cheese Burger on GF Bun</b> Steamed Corn Broccoli Orange Wedges Pineapple	3 <b>GF Cheese Pizza</b> Mashed Potatoes Glazed Carrots Fruit Cocktail Strawberries
6 <b>GF Grilled Chicken Sandwich</b> Baked Beans Steamed Broccoli Apple Slices Pineapple	7 <b>Walking Taco/Salsa</b> Fiesta Black Beans Tater Tots Peaches Mandarin Oranges	8 <b>GF Pancakes/Sausage Patties*</b> Hash Brown Edamame Blueberries 100% Fruit Juice Cup	9 <b>Homemade Garlic Cheese Bread</b> Sweet Potato Fries Corn Strawberries Pears	10 <b>GF Chicken Tenders/GF Roll</b> Mashed Potatoes Peas Apricots Cinnamon Applesauce Cup
13 <b>Hot Dog* on GF Bun</b> Baked Beans Steamed Peas Mandarin Oranges Applesauce Cup	14 <b>Chicken Fajita Meat/Tortilla Chips</b> Green Beans French Fries Pineapple Peaches	15 <b>Beef Taco Meat/Tortilla Chips</b> Refried Beans Steamed Broccoli Pears Apricots	16 <b>GF Grilled Chicken Sandwich</b> Fiesta Black Beans Steamed Corn Strawberries Fruit Cocktail	17 <b>GF Pancakes/Cheese Omelet</b> Hash Brown Glazed Carrots Blueberries 100% Fruit Juice
20 <b>GF Corn Dog*</b> Steamed Broccoli Corn Apple Slices Pineapple	21 <b>GF Cheese Pizza</b> Edamame Steamed Peas Apricots Applesauce	22 <b>GF Pancakes/Cheese Omelet</b> Hash Brown Vegetable Choice 100% Fruit Juice Cup Blueberries	23 <b>GF Cheese Burger</b> Baked Beans Vegetable Choice Mandarin Oranges Fruit Choice	24 <b>GF Cheese Pizza</b> Glazed Carrots Sweet Potato Fries Pears Peaches
27 <i>Happy Memorial Day!</i> 	28 <b>GF Chicken Tenders/GF Roll</b> Baked Beans Vegetable Choice Mandarin Oranges Fruit Choice	29 <b>Deli Turkey Sandwich</b> Baby Carrots Celery Sticks Applesauce Cup Craisins		
<i>Nutritional information, including common food allergens can be found at <a href="http://norwalkschools.nutrislice.com">norwalkschools.nutrislice.com</a>. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.</i>				
<p>* Entrée May Contain Pork      Only Whole Grain-Rich Products Are Served      A Variety of Condiments Are Offered Daily          USDA is an equal opportunity provider.      Menu is subject to change without notice.</p> <p>GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily</p> <p>All meals include a choice of fruit &amp; vegetable sides, as well as a carton of milk.</p>				