


Norwalk Lunch Menu Grades 6-8 September 2024

Choose an Entrée:	2 MONDAY	3 TUESDAY	4 WEDNESDAY	5 THURSDAY	6 FRIDAY
<p><i>Entrée Selection:</i></p> <p><i>Entrée Selection:</i></p> <p><i>Entrée Selection:</i></p> <p><i>Entrée Selection:</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>	<p>No School Today!</p> 	<p>Breaded Pork* Steak on a Bun</p> <p>Breaded Chicken Sandwich</p> <p>Macaroni & Cheese</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Corn</p> <p>Steamed Peas Seasoned with Dill</p> <p>Mandarin Oranges</p> <p>Grapes</p> <p>Assorted Fresh Fruit</p>	<p>Spicy Chicken Tenders & Roll</p> <p>Beef Philly Cheese Steak</p> <p>Walking Taco</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Refried Beans</p> <p>Steamed Broccoli</p> <p>Pears</p> <p>Apricots</p> <p>Assorted Fresh Fruit</p>	<p>Cheeseburger</p> <p>Pepperoni Pizza*</p> <p>Orange Chicken/Rice</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Hash Brown</p> <p>Seasoned Italian Blend Vegetables</p> <p>Baked Apples</p> <p>Peaches</p> <p>Assorted Fresh Fruit</p>	<p>Garlic Cheese Bread</p> <p>Deluxe Chicken Sandwich</p> <p>Chicken Fajita Pasta/Breadstick</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Green Beans</p> <p>Seasoned Potato Wedges</p> <p>Fruit Cocktail</p> <p>Strawberries</p> <p>Assorted Fresh Fruit</p>
<p><i>Entrée Selection:</i></p> <p><i>Entrée Selection:</i></p> <p><i>Entrée Selection:</i></p> <p><i>Entrée Selection:</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>	<p>Corn Dog</p> <p>Breaded Mozzarella Sticks/Marinara</p> <p>Sweet & Sour Chicken/Ramen</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Sweet Potato Fries</p> <p>Corn</p> <p>Apple Slices</p> <p>Pineapple</p> <p>Assorted Fresh Fruit</p>	<p>Spicy Chicken Sandwich</p> <p>Cheese Pizza</p> <p>Beef & Noodles</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Mashed Potatoes</p> <p>Steamed Peas</p> <p>Orange Wedges</p> <p>Pears</p> <p>Assorted Fresh Fruit</p>	<p>BBQ Pork Rib*</p> <p>Popcorn Chicken/Roll</p> <p>Queso Blanco/Tortilla Chips</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Fiesta Black Beans</p> <p>Green Beans</p> <p>Cinnamon Applesauce</p> <p>Apricots</p> <p>Assorted Fresh Fruit</p>	<p>Chicken Drumstick/Biscuit</p> <p>Cheese Stuffed Sticks/Marinara</p> <p>Baked Potato Bar/Biscuit</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Broccoli</p> <p>Glazed Carrots</p> <p>Fruit Cocktail</p> <p>Mandarin Oranges</p> <p>Assorted Fresh Fruit</p>	<p>Hamburger</p> <p>Pepperoni French Bread</p> <p>Pancakes/Cheese Omelet</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Edamame</p> <p>Hash Brown</p> <p>Strawberries</p> <p>Peaches</p> <p>Assorted Fresh Fruit</p>
<p><i>Entrée Selection:</i></p> <p><i>Entrée Selection:</i></p> <p><i>Entrée Selection:</i></p> <p><i>Entrée Selection:</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>	<p>Mini Corn Dogs</p> <p>Fiestada Pizza/Salsa</p> <p>Chicken Crisпитos/Salsa</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Refried Beans</p> <p>Steamed Broccoli</p> <p>Craisins</p> <p>Applesauce</p> <p>Assorted Fresh Fruit</p>	<p>Cheeseburger</p> <p>Individual Pepperoni Pizza*</p> <p>Chicken & Noodles</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Green Beans</p> <p>Mashed Potatoes</p> <p>Grapes</p> <p>Strawberries</p> <p>Assorted Fresh Fruit</p>	<p>Breaded Chicken Sandwich</p> <p>Garlic Cheese Bread</p> <p>Spaghetti & Meat Sauce/Breadstick</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Edamame</p> <p>Glazed Carrots</p> <p>Pears</p> <p>Apple Slices</p> <p>Assorted Fresh Fruit</p>	<p>Chicken Tenders/Roll</p> <p>Bosco Cheese Sticks/Marinara</p> <p>French Toast Sticks/Cheese Omelet</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Hash Brown</p> <p>Italian Blend Vegetables</p> <p>100% Fruit Juice</p> <p>Chilled Blueberries</p> <p>Assorted Fresh Fruit</p>	<p>Cheese Pizza</p> <p>Deluxe Chicken Sandwich</p> <p>Salisbury Steak/Gravy/Biscuit</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Scalloped Potatoes</p> <p>Steamed Peas</p> <p>Mandarin Oranges</p> <p>Pineapple</p> <p>Assorted Fresh Fruit</p>
<p><i>Entrée Selection:</i></p> <p><i>Entrée Selection:</i></p> <p><i>Entrée Selection:</i></p> <p><i>Entrée Selection:</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>	<p>Chicken Nuggets/Roll</p> <p>Pizza Crunchers</p> <p>Turkey & Gravy/Biscuit</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Mashed Potatoes</p> <p>Green Beans</p> <p>Apple Slices</p> <p>Apricots</p> <p>Assorted Fresh Fruit</p>	<p>Hamburger</p> <p>Garlic Cheese Bread</p> <p>Chicken Fajita/Salsa/Cheese</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Steamed Broccoli</p> <p>Baked Beans</p> <p>Mandarin Oranges</p> <p>Fruit Cocktail</p> <p>Assorted Fresh Fruit</p>	<p>BBQ Beef Rib on Bun</p> <p>Spicy Chicken Sandwich</p> <p>Pancakes/Sausage Patties*</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Hash Brown</p> <p>Glazed Carrots</p> <p>100% Fruit Juice</p> <p>Chilled Blueberries</p> <p>Assorted Fresh Fruit</p>	<p>Grilled Chicken Sandwich</p> <p>Stuffed Crust Cheese Pizza</p> <p>☺ Beef & Cheese Lasagna/Bread Stick</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Peas</p> <p>Corn</p> <p>Peaches</p> <p>Applesauce Cup</p> <p>Assorted Fresh Fruit</p>	<p>No School Today!</p> <p>☺ Lasagna Recipe Courtesy of Melanie Bower</p>
<p><i>Entrée Selection:</i></p> <p><i>Entrée Selection:</i></p> <p><i>Entrée Selection:</i></p> <p><i>Entrée Selection:</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>	<p>Dill Seasoned Chicken Chunks</p> <p>Breaded Mozzarella Sticks/Marinara</p> <p>Meatball Sub Sandwich</p> <p>Deli Sandwich <i>or</i> Salad Bar</p> <p>Glazed Carrots</p> <p>Steamed Edamame</p> <p>Thickened Strawberries</p> <p>Apricots</p> <p>Assorted Fresh Fruit</p>	<p>A variety of fresh fruits and vegetable options are offered each day on our Garden Bar as part of the meal option. Students may complement each lunch meal with baby carrots, romaine lettuce, broccoli, cauliflower, assorted sweet peppers, tomatoes and/or legumes each day in addition to the published menu sides. They must take a minimum of 1/2 cup of a fruit and/or vegetable, along with 2 other food groups, to build a meal. A la carte items and menu sides are available to purchase if the student's meal account does not have restrictions and has a positive fund balance.</p>			<p>MEAL PRICES FOR 2024-2025</p> <p>GRADES 6-12 BREAKFAST \$2.25</p> <p>REDUCED PRICED BF \$.30</p> <p>GRADES 6-12 LUNCH \$3.30</p> <p>REDUCED PRICED LUNCH \$.40</p> <p>SECOND ENTRÉE \$3.30</p> <p>SECOND MEAL BUNDLE \$3.80</p> <p>ADULT LUNCH \$5.00/BF \$2.75</p>

All breakfast meals include fruit, 100% juice and milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily

A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.

Please bring your student ID/ lunch card each day so that we may efficiently serve you!