

Norwalk Community School District-Gluten-Free

SEPTEMBER 2024 ELEMENTARY LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p style="text-align: center;">2</p> <p style="text-align: center;">Happy Labor Day! No School Today!</p> 	<p style="text-align: center;">3</p> <p>GF Chicken Tenders</p> <p>Steamed Broccoli</p> <p>Baby Carrots/Cauliflower Florets</p> <p>Mandarin Oranges</p> <p>Craisins</p>	<p style="text-align: center;">4</p> <p>GF Cheese Pizza</p> <p>Corn</p> <p>Chilled Edamame/Baby Carrots</p> <p>Fruit Cocktail</p> <p>Thickened Strawberries</p>	<p style="text-align: center;">5</p> <p>GF Corn Dog</p> <p>Green Beans</p> <p>Romaine Salad/Zucchini Coins</p> <p>Pears</p> <p>Watermelon</p>	<p style="text-align: center;">6</p> <p>Queso Blanco/Tortilla Chips</p> <p>Refried Beans/Salsa</p> <p>Shredded Romaine/Diced Tomatoes</p> <p>Pineapple</p> <p>Peaches</p>	
<p style="text-align: center;">9</p> <p>GF Grilled Chicken on GF Bun</p> <p>Steamed Peas</p> <p>Baby Carrots/Cucumber Slices</p> <p>Chilled Blueberries</p> <p>Applesauce</p>	<p style="text-align: center;">10</p> <p>Cheeseburger on GF Bun</p> <p>Steamed Corn</p> <p>Romaine Lettuce/Sliced Tomatoes</p> <p>Fresh Grapes</p> <p>Apricots</p>	<p style="text-align: center;">11</p> <p>Beef Taco Meat/Tortilla Chips</p> <p>Refried Beans</p> <p>Shredded Romaine/Diced Tomatoes</p> <p>Fresh Apple Slices</p> <p>Fruit Cocktail</p>	<p style="text-align: center;">12</p> <p>Homemade GF Garlic Cheese Bread</p> <p>Steamed Broccoli</p> <p>Baby Carrots/Chilled Edamame</p> <p>Peaches</p> <p>Pears</p>	<p style="text-align: center;">13</p> <p>Grilled Cheese GF Sandwich</p> <p>Oven Baked French Fries</p> <p>Baby Carrots/Cucumber Slices</p> <p>Fresh Orange Wedges</p> <p>Cinnamon Applesauce Cup</p>	
<p style="text-align: center;">16</p> <p>Cheeseburger on GF Bun</p> <p>Steamed Broccoli</p> <p>Baby Carrots/Sweet Red Peppers</p> <p>Mandarin Oranges</p> <p>Fruit Cocktail</p>	<p style="text-align: center;">17</p> <p>GF Pancakes/Cheese Omelet</p> <p>Hash Brown Potato</p> <p>Baby Carrots/Celery Sticks</p> <p>100% Apple Juice</p> <p>Chilled Blueberries</p>	<p style="text-align: center;">18</p> <p>GF Hot Ham & Cheese Sandwich</p> <p>Sweet Potato Fries</p> <p>Chilled Edamame/Romaine Salad</p> <p>Watermelon</p> <p>Strawberry-Kiwi Sidekick Fruit Slushy</p>	<p style="text-align: center;">19</p> <p>GF Corn Dog</p> <p>Baked Beans</p> <p>Romaine Salad/Cherry Tomatoes</p> <p>Peaches</p> <p>Pears</p>	<p style="text-align: center;">20</p> <p>GF Chicken Tenders</p> <p>Green Beans</p> <p>Broccoli Florets/Cucumber Slices</p> <p>Peach Applesauce Cup</p> <p>Thickened Strawberries</p>	
<p style="text-align: center;">23</p> <p>Homemade GF Garlic Cheese Bread</p> <p>Steamed Broccoli</p> <p>Baby Carrots/Zucchini</p> <p>Pineapple</p> <p>Cinnamon Applesauce Cup</p>	<p style="text-align: center;">24</p> <p>Hamburger on GF Bun</p> <p>Green Beans</p> <p>Romaine Lettuce/Red Pepper Strips</p> <p>Banana</p> <p>Strawberries</p>	<p style="text-align: center;">25</p> <p>GF Cheese Pizza</p> <p>Steamed Corn</p> <p>Chilled Edamame/Baby Carrots</p> <p>Apple Slices</p> <p>Fruit Cocktail</p>	<p style="text-align: center;">26</p> <p>Walking Taco/Tortilla Chips</p> <p>Refried Beans/Salsa</p> <p>Shredded Romaine/Diced Tomatoes</p> <p>Pears</p> <p>Blue Raspberry Lemon Fruit Slushy</p>	<p style="text-align: center;">27</p> <p style="text-align: center;">NO SCHOOL TODAY! SEE YOU ON MONDAY!</p>	
<p style="text-align: center;">30</p> <p>Chicken Nuggets</p> <p>Sweet Potato Fries</p> <p>Romaine Lettuce/Baby Carrots</p> <p>Chilled Blueberries</p> <p>Pineapple</p>	<p>WHOOO knows that we are serving a delicious, economical breakfast each morning beginning at 7:30 in the Cafeteria. Join us for a school breakfast meal! Let us kickstart your learning with a meal and a smile!</p> 				
<p><i>Nutritional information, including common food allergens can be found at norwalkschools.nutrislice.com. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.</i></p>					
<p>* Entrée May Contain Pork Whole Grain-Rich Products Are Served A Variety of Condiments Are Offered Daily USDA is an equal opportunity provider. Menu is subject to change without notice.</p> <p>Gluten-Free Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily</p> <p>All meals include a choice of fruit & vegetable sides, as well as a carton of milk.</p>					