


Norwalk Community School District Gluten-Free Lunch Menu

SEPTEMBER 2024 GRADES 6th-12th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p style="text-align: center;">Happy Labor Day! No School Today!</p> 	<p>3</p> <p>GF Chicken Tenders on GF Bun Steamed Peas with Dill Seasoning Corn Mandarin Oranges Grapes</p>	<p>4</p> <p>Beef Taco Meat/Tortilla Chips Refried Beans Steamed Broccoli Pears Apricots</p>	<p>5</p> <p>Cheeseburger on GF Bun Hash Brown Seasoned Italian Blend Vegetables Baked Apples Peaches</p>	<p>6</p> <p>Chicken Fajita Meat/Tortilla Chips Green Beans Seasoned Potato Wedges Fruit Cocktail Strawberries</p>
<p>9</p> <p>GF Corn Dog Sweet Potato Fries Corn Apple Slices Pineapple</p>	<p>10</p> <p>GF Cheese Pizza Mashed Potatoes Steamed Peas Orange Wedges Pears</p>	<p>11</p> <p>Queso Blanco/Tortilla Chips Fiesta Black Beans & Corn Green Beans Cinnamon Applesauce Apricots</p>	<p>12</p> <p>Baked Potato w/Cheese/GF Roll Steamed Broccoli Glazed Carrots Fruit Cocktail Mandarin Oranges</p>	<p>13</p> <p>GF Pancakes/Cheese Omelet Hash Brown Edamame Peaches Strawberries</p>
<p>16</p> <p>GF Corn Dog Steamed Broccoli Refried Beans Craisins Applesauce</p>	<p>17</p> <p>Cheeseburger on GF Bun Mashed Potatoes Green Beans Grapes Strawberries</p>	<p>18</p> <p>Grilled Chicken on GF Bun Steamed Edamame Glazed Carrots Apple Slices Pears</p>	<p>19</p> <p>GF Pancakes/Cheese Omelet Hash Brown Italian Blend Vegetables 100% Fruit Juice Cup Chilled Blueberries</p>	<p>20</p> <p>GF Cheese Pizza Baby Carrots Steamed Peas Pineapple Mandarin Oranges</p>
<p>23</p> <p>GF Turkey & Gravy/GF Roll Mashed Potatoes Green Beans Apple Slices Apricots</p>	<p>24</p> <p>Chicken Fajita Meat/Tortilla Chips Steamed Broccoli Baked Beans Mandarin Oranges Fruit Cocktail</p>	<p>25</p> <p>GF Pancakes/Sausage Patties* Hash Brown Glazed Carrots Chilled Blueberries 100% Fruit Juice Cup</p>	<p>26</p> <p>Grilled Chicken on GF Bun Peas Corn Peaches Applesauce Cup</p>	<p>27</p> <p style="text-align: center;">NO SCHOOL TODAY! SEE YOU ON MONDAY!</p>
<p>30</p> <p>GF Chicken Tenders Glazed Carrots Edamame Thickened Strawberries Apricots</p>	<p>WHOOO knows that we are serving a delicious, economical breakfast each morning beginning at 7:45 in the Cafeteria. Join us for a school breakfast meal! Let us kickstart your learning with a meal and a smile!</p> 			
<p><i>Nutritional information, including common food allergens can be found at norwalkschools.nutrislice.com. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.</i></p>				
<p>* Entrée May Contain Pork Whole Grain-Rich Products Are Served A Variety of Condiments Are Offered Daily USDA is an equal opportunity provider. Menu is subject to change without notice.</p> <p>Gluten Free Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily</p> <p>All meals include a choice of fruit & vegetable sides, as well as a carton of milk.</p>				