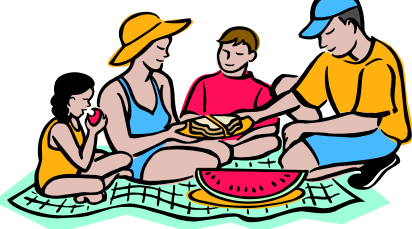


Norwalk Community School District-Head Start

SEPTEMBER 2024 BREAKFAST AND LUNCH & SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p style="text-align: center;">No School Today!</p> <p style="text-align: center;">Happy Labor Day!</p> 	<p>3</p> <p style="text-align: center;">French Toast Sticks</p> <p style="text-align: center;">Craisins & 1% Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Popcorn Chicken</p> <p>Steamed Broccoli</p> <p>Mandarin Oranges & 1% Milk</p> <p style="text-align: center;">PM SNACK</p> <p>Baby Carrots</p> <p>Goldfish Crackers</p>	<p>4</p> <p style="text-align: center;">Cheese Omelet/Toast</p> <p style="text-align: center;">Fresh Fruit & 1% Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Stuffed Crust Cheese Pizza</p> <p>Steamed Corn</p> <p>Thickened Strawberries & 1% Milk</p> <p style="text-align: center;">PM SNACK</p> <p>Chilled Edamame</p> <p>Rice Chex</p>	<p>5</p> <p style="text-align: center;">Egg & Bagel Sandwich</p> <p style="text-align: center;">Apple Slices & 1% Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Corn Dog</p> <p>Green Beans</p> <p>Pears & 1% Milk</p> <p style="text-align: center;">PM SNACK</p> <p>String Cheese</p> <p>Goldfish Graham Cracker</p>	<p>6</p> <p style="text-align: center;">Rice Chex Cereal</p> <p style="text-align: center;">Strawberry Applesauce & 1% Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Queso Blanco/Tortilla Chips</p> <p>Refried Beans</p> <p>Pineapple & 1% Milk</p> <p style="text-align: center;">PM SNACK</p> <p>Peaches</p> <p>Cheerios</p>
<p>9</p> <p style="text-align: center;">Bacon Breakfast Pizza</p> <p style="text-align: center;">Craisins & 1% Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Pizza Crunchers</p> <p>Steamed Peas</p> <p>Chilled Blueberries & 1% Milk</p> <p style="text-align: center;">PM SNACK</p> <p>Baby Carrots</p> <p>Goldfish Crackers</p>	<p>10</p> <p style="text-align: center;">French Toast Sticks</p> <p style="text-align: center;">Apple Slices & 1% Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Cheeseburger</p> <p>Romaine Lettuce Salad/Ranch Dressing</p> <p>Diced Apricots & 1% Milk</p> <p style="text-align: center;">PM SNACK</p> <p>Rice Chex</p> <p>String Cheese</p>	<p>11</p> <p style="text-align: center;">Cheese Omelet/Toast</p> <p style="text-align: center;">Cinnamon Applesauce & 1% Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Beef Soft Taco/Salsa</p> <p>Refried Beans</p> <p>Fruit Cocktail & 1% Milk</p> <p style="text-align: center;">PM SNACK</p> <p>Craisins</p> <p>Cheerios</p>	<p>12</p> <p style="text-align: center;">Egg & Bagel Sandwich</p> <p style="text-align: center;">Apple Slices & 1% Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Bosco Cheese Sticks/Marinara</p> <p>Steamed Broccoli</p> <p>Peaches & 1% Milk</p> <p style="text-align: center;">PM SNACK</p> <p>Pears</p> <p>Goldfish Graham Cracker</p>	<p>13</p> <p style="text-align: center;">Kix Cereal</p> <p style="text-align: center;">Fresh Orange Wedges & 1% Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Grilled Cheese Sandwich</p> <p>Cucumber Slices</p> <p>Cinnamon Applesauce & 1% Milk</p> <p style="text-align: center;">PM SNACK</p> <p>Baby Carrots</p> <p>String Cheese</p>
<p>16</p> <p style="text-align: center;">Bacon Breakfast Pizza</p> <p style="text-align: center;">Craisins & 1% Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Orange Chicken</p> <p>Steamed Broccoli</p> <p>Mandarin Oranges & 1% Milk</p> <p style="text-align: center;">PM SNACK</p> <p>Fruit Cocktail</p> <p>Rice Chex</p>	<p>17</p> <p style="text-align: center;">French Toast Sticks</p> <p style="text-align: center;">Apple Slices & 1% Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Pancakes/Cheese Omelet</p> <p>Baby Carrots</p> <p>Chilled Blueberries & 1% Milk</p> <p style="text-align: center;">PM SNACK</p> <p>Chilled Blueberries</p> <p>Vanilla Yogurt</p>	<p>18</p> <p style="text-align: center;">Cheese Omelet/Toast</p> <p style="text-align: center;">Applesauce Cup & 1% Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Pepperoni French Bread Pizza*</p> <p>Sweet Potato Fries</p> <p>Watermelon & 1% Milk</p> <p style="text-align: center;">PM SNACK</p> <p>Baby Carrots</p> <p>Goldfish Crackers</p>	<p>19</p> <p style="text-align: center;">Egg & Bagel Sandwich</p> <p style="text-align: center;">Apple Slices & 1% Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Mini Corn Dogs</p> <p>Baked Beans</p> <p>Peaches & 1% Milk</p> <p style="text-align: center;">PM SNACK</p> <p>Pears</p> <p>Cherry Tomatoes</p>	<p>20</p> <p style="font-size: 1.2em; font-weight: bold;"><i>NO HEADSTART TODAY!</i></p>
<p>23</p> <p style="text-align: center;">Bacon Breakfast Pizza</p> <p style="text-align: center;">Craisins & 1% Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Garlic Cheese Bread</p> <p>Steamed Broccoli</p> <p>Pineapple & 1% Milk</p> <p style="text-align: center;">PM SNACK</p> <p>Kix Cereal</p> <p>Cinnamon Applesauce Cup</p>	<p>24</p> <p style="text-align: center;">French Toast Sticks</p> <p style="text-align: center;">Apple Slices & 1% Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Pasta & Meat Sauce</p> <p>Green Beans</p> <p>Banana & 1% Milk</p> <p style="text-align: center;">PM SNACK</p> <p>Strawberries</p> <p>Vanilla Yogurt</p>	<p>25</p> <p style="text-align: center;">Cheese Omelet/Toast</p> <p style="text-align: center;">Peach Applesauce Cup & 1% Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Personal Cheese Pizza</p> <p>Steamed Corn</p> <p>Fruit Cocktail & 1% Milk</p> <p style="text-align: center;">PM SNACK</p> <p>Baby Carrots</p> <p>String Cheese</p>	<p>26</p> <p style="text-align: center;">Egg & Bagel Sandwich</p> <p style="text-align: center;">Apple Slices & 1% Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Walking Taco/Doritos</p> <p>Shredded Romaine Lettuce</p> <p>Pears & 1% Milk</p> <p style="text-align: center;">PM SNACK</p> <p>Cheerios</p> <p>Vanilla Goldfish Graham Cracker</p>	<p>27</p> <p style="font-size: 1.2em; font-weight: bold;">Head Start is providing meals</p> <p style="font-size: 1.2em; font-weight: bold;">No School for Grades K-12</p>
<p>30</p> <p style="text-align: center;">Bacon Breakfast Pizza</p> <p style="text-align: center;">Craisins & 1% Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Chicken Nuggets</p> <p>Sweet Potato Fries</p> <p>Pineapple & 1% Milk</p> <p style="text-align: center;">PM SNACK</p> <p>Kix Cereal</p> <p>Applesauce Cup</p>				

* Entrée May Contain Pork

Whole Grain-Rich Products Are Served

A Variety of Condiments Are Offered Daily

USDA is an equal opportunity provider.

Menu is subject to change without notice.