Cheese Pi   Glazed Car   Glazed Car   Peaches &   Baby Carro   Cinnamon   T   Bacon Breakfast Pizza   Strawberry Applesauce & 1% Milk   Pepperoni Pizza Wedge*   Steamed Broccoli   Mandarin Oranges & 1% Milk   PM SNACK   Goldfish Crackers   String Cheese   Red Peppe   Id   Bacon Breakfast Pizza   If   Craisins & 1% Milk   Fruit Cock   Physical Pizza   Strawberry Applesauce Broccoli   Steamed Broccoli   Steamed Broccoli   Goldfish Crackers   Cinnamon   String Cheese   Red Peppe   Id   Bacon Breakfast Pizza   Straisins & 1% Milk   Furkey & Gravy/Biscuit   Mashed Potatoes	rrots 1% Milk PM SNACK ots Goldfish Graham French Toast Sticks Craisins & 1% Milk Fenders forn tail & 1% Milk PM SNACK Goldfish Graham er Strips French Toast Sticks Apple Slices & 1% Milk	Hamburger Baked Beans Strawberries & 1% Milk PM SNACK Chex Cereal String Cheese 9 Cheese Omelet/Toast Peach Applesauce & 1% Milk Hot Dog* on Bun Baked Beans 1% Milk & Crunchy Apple #IowaAppleCrun PM SNACK Rice Chex Grapes 16 Cheese Omelet/Toast Applesauce Cup & 1% Milk	3       Egg & Bagel Sandwich Apple Slices & 1% Milk         Macaroni & Cheese Steamed Peas         Steamed Peas         Watermelon & 1% Milk         PM SNACK         Cheerios         Pears         10       Egg & Bagel Sandwich Apple Slices & 1% Milk         Steamed Edamame         Thickened Strawberries & 1% Milk         PM SNACK         Goldfish Crackers         Peaches         17       Egg & Bagel Sandwich Apple Slices & 1% Milk	4         NO HEAD START TODAY!         11         NO HEAD START TODAY!         18         WG Blueberry Waffles         Strawberry Applesauce & 1% Mi
Cheese Pi Glazed Car Peaches & Baby Carro Cinnamon Bacon Breakfast Pizza Strawberry Applesauce & 1% Milk epperoni Pizza Wedge* Chicken T teamed Broccoli Iandarin Oranges & 1% Milk Fruit Cock PM SNACK Cinnamon Red Peppe Bacon Breakfast Pizza Craisins & 1% Milk Furkey & Gravy/Biscuit Iashed Potatoes	izza rrots 1% Milk PM SNACK ots Goldfish Graham French Toast Sticks Craisins & 1% Milk Fenders forn tail & 1% Milk PM SNACK Goldfish Graham er Strips French Toast Sticks Apple Slices & 1% Milk	Hamburger Baked Beans Strawberries & 1% Milk PM SNACK Chex Cereal String Cheese 9 Cheese Omelet/Toast Peach Applesauce & 1% Milk Hot Dog* on Bun Baked Beans 1% Milk & Crunchy Apple #IowaAppleCrun PM SNACK Rice Chex Grapes 16 Cheese Omelet/Toast Applesauce Cup & 1% Milk	Macaroni & CheeseSteamed PeasWatermelon & 1% MilkPM SNACKCheeriosPears10Egg & Bagel Sandwich Apple Slices & 1% MilkBreaded Chicken PattySteamed EdamameThickened Strawberries & 1% MilkPM SNACKGoldfish Crackers PeachesPeaches17Egg & Bagel Sandwich	11         NO HEAD START TODAY!         18         WG Blueberry Waffles
Cincest 11   Glazed Car   Peaches &   Baby Carro   Cinnamon   Bacon Breakfast Pizza   Strawberry Applesauce & 1% Milk   epperoni Pizza Wedge*   teamed Broccoli   Iandarin Oranges & 1% Milk   Fruit Cock   PM SNACK   Foldfish Crackers   Cinnamon   tring Cheese   A   Bacon Breakfast Pizza   Craisins & 1% Milk   Craisins & 1% Milk   Furkey & Gravy/Biscuit   Iashed Potatoes	rrots 1% Milk PM SNACK ots Goldfish Graham French Toast Sticks Craisins & 1% Milk Fenders forn tail & 1% Milk PM SNACK Goldfish Graham er Strips French Toast Sticks Apple Slices & 1% Milk	Baked Beans Strawberries & 1% Milk PM SNACK Chex Cereal String Cheese 9 Cheese Omelet/Toast Peach Applesauce & 1% Milk Hot Dog* on Bun Baked Beans 1% Milk & Crunchy Apple #IowaAppleCrun PM SNACK Rice Chex Grapes 16 Cheese Omelet/Toast Applesauce Cup & 1% Milk	Steamed PeasWatermelon & 1% MilkPM SNACKOfficeriosPears10Egg & Bagel Sandwich Apple Slices & 1% MilkApple Slices & 1% MilkSteamed EdamameSteamed EdamameThickened Strawberries & 1% MilkOffish CrackersPeachesIt is for a colspan="2">Egg & Bagel SandwichApple Slices & 1% MilkIt is for a colspan="2">It is for a colspan="2"It is for a colspan="2" <td< td=""><td>11         NO HEAD START TODAY!         18         WG Blueberry Waffles</td></td<>	11         NO HEAD START TODAY!         18         WG Blueberry Waffles
Peaches &   Peaches &   Peaches &   Baby Carrent   Cinnamon   Bacon Breakfast Pizza   Strawberry Applesauce & 1% Milk   epperoni Pizza Wedge*   chicken T   reamed Broccoli   tandarin Oranges & 1% Milk   PM SNACK   oldfish Crackers   ring Cheese   A   Bacon Breakfast Pizza   15   Craisins & 1% Milk   urkey & Gravy/Biscuit   Iashed Potatoes	1% Milk PM SNACK ots Goldfish Graham French Toast Sticks Craisins & 1% Milk Fenders forn tail & 1% Milk PM SNACK Goldfish Graham er Strips French Toast Sticks Apple Slices & 1% Milk	Strawberries & 1% Milk PM SNACK Chex Cereal String Cheese 9 Cheese Omelet/Toast Peach Applesauce & 1% Milk Hot Dog* on Bun Baked Beans 1% Milk & Crunchy Apple #IowaAppleCrun PM SNACK Rice Chex Grapes 16 Cheese Omelet/Toast Applesauce Cup & 1% Milk	Watermelon & 1% Milk         PM SNACK         Cheerios         Pears         10       Egg & Bagel Sandwich         Apple Slices & 1% Milk         Breaded Chicken Patty         Steamed Edamame         Thickened Strawberries & 1% Milk         PM SNACK         Goldfish Crackers         Peaches         17	NO HEAD START TODAY!         18         WG Blueberry Waffles
P       Bacon Breakfast Pizza       8         Strawberry Applesauce & 1% Milk       8         epperoni Pizza Wedge*       Chicken T         reamed Broccoli       Steamed C         Iandarin Oranges & 1% Milk       Fruit Cock         PM SNACK       Fruit Cock         Foldfish Crackers       Cinnamon         rring Cheese       Red Peppe         4       Bacon Breakfast Pizza       15         Craisins & 1% Milk       Fruit Cock         Y       Popcorn C         Strawy/Biscuit       Popcorn C         Iashed Potatoes       Steamed B	PM SNACK ots Goldfish Graham French Toast Sticks Craisins & 1% Milk Craisins & 1% Milk fenders forn tail & 1% Milk PM SNACK Goldfish Graham er Strips French Toast Sticks Apple Slices & 1% Milk	PM SNACK   Chex Cereal   String Cheese   9   Cheese Omelet/Toast   Peach Applesauce & 1% Milk   Hot Dog* on Bun   Baked Beans   1% Milk & Crunchy Apple   #IowaAppleCrun   PM SNACK   Rice Chex   Grapes   16   Cheese Omelet/Toast   Applesauce Cup & 1% Milk	PM SNACK         Cheerios       Pears $Pears$ Egg & Bagel Sandwich $Apple Slices & 1\% Milk$ $Breaded Chicken Patty$ Steamed Edamame         Thickened Strawberries & 1% Milk $PM SNACK$ Goldfish Crackers         Peaches $17$	NO HEAD START TODAY!         18         WG Blueberry Waffles
OCTOBER 14-18, 2001       Cinnamon         Cinnamon       Bacon Breakfast Pizza       8         Strawberry Applesauce & 1% Milk       Chicken T         epperoni Pizza Wedge*       Chicken T         treamed Broccoli       Steamed C         Iandarin Oranges & 1% Milk       Fruit Cock         PM SNACK       Fruit Cock         Foldfish Crackers       Cinnamon         craisins & 1% Milk       Experiment         Craisins & 1% Milk       Fruit Cock         Craisins & 1% Milk       Popcorn C         furkey & Gravy/Biscuit       Popcorn C         Iashed Potatoes       Steamed B	ots Goldfish Graham French Toast Sticks Craisins & 1% Milk Tenders forn tail & 1% Milk PM SNACK Goldfish Graham er Strips French Toast Sticks Apple Slices & 1% Milk	Chex Cereal String Cheese 9 Cheese Omelet/Toast Peach Applesauce & 1% Milk Hot Dog* on Bun Baked Beans 1% Milk & Crunchy Apple #IowaAppleCrun PM SNACK Rice Chex Grapes 16 Cheese Omelet/Toast Applesauce Cup & 1% Milk	Cheerios   Pears   10 Egg & Bagel Sandwich   Apple Slices & 1% Milk   Breaded Chicken Patty   Steamed Edamame   Thickened Strawberries & 1% Milk   PM SNACK   Goldfish Crackers   Peaches   17   Egg & Bagel Sandwich	NO HEAD START TODAY!         18         WG Blueberry Waffles
OCTOBER 14-18, 2001       Cinnamon         Cinnamon       Bacon Breakfast Pizza       8         Strawberry Applesauce & 1% Milk       Chicken T         epperoni Pizza Wedge*       Chicken T         reamed Broccoli       Steamed C         Iandarin Oranges & 1% Milk       Fruit Cock         PM SNACK       Fruit Cock         oldfish Crackers       Cinnamon         ring Cheese       Red Peppe         4       Bacon Breakfast Pizza       15         Craisins & 1% Milk       Craisins & 1% Milk       Popcorn C         urkey & Gravy/Biscuit       Popcorn C       Steamed B	Goldfish Graham French Toast Sticks Craisins & 1% Milk Craisins & 1% Milk Cenders Corn Corn Corn Corn Corn Corn Corn Corn	String Cheese 9 Cheese Omelet/Toast Peach Applesauce & 1% Milk Hot Dog* on Bun Baked Beans 1% Milk & Crunchy Apple #IowaAppleCrun PM SNACK Rice Chex Grapes 16 Cheese Omelet/Toast Applesauce Cup & 1% Milk	Pears         10       Egg & Bagel Sandwich         Apple Slices & 1% Milk         Breaded Chicken Patty         Steamed Edamame         Thickened Strawberries & 1% Milk         PM SNACK         Goldfish Crackers         Peaches         17         Egg & Bagel Sandwich	NO HEAD START TODAY!         18         WG Blueberry Waffles
Bacon Breakfast Pizza       8         Strawberry Applesauce & 1% Milk       Chicken T         epperoni Pizza Wedge*       Chicken T         reamed Broccoli       Steamed C         tandarin Oranges & 1% Milk       Fruit Cock         PM SNACK       Fruit Cock         oldfish Crackers       Cinnamon         ring Cheese       Red Peppe         4       Bacon Breakfast Pizza       15         Craisins & 1% Milk       Fruit Cock         urkey & Gravy/Biscuit       Popcorn C         Iashed Potatoes       Steamed B	French Toast Sticks Craisins & 1% Milk Fenders forn tail & 1% Milk PM SNACK Goldfish Graham er Strips French Toast Sticks Apple Slices & 1% Milk	<ul> <li>9 Cheese Omelet/Toast Peach Applesauce &amp; 1% Milk</li> <li>Hot Dog* on Bun Baked Beans</li> <li>1% Milk &amp; Crunchy Apple #IowaAppleCrun PM SNACK</li> <li>Rice Chex</li> <li>Grapes</li> <li>16 Cheese Omelet/Toast Applesauce Cup &amp; 1% Milk</li> </ul>	10       Egg & Bagel Sandwich         Apple Slices & 1% Milk         Breaded Chicken Patty         Steamed Edamame         Thickened Strawberries & 1% Milk         PM SNACK         Goldfish Crackers         Peaches         17       Egg & Bagel Sandwich	NO HEAD START TODAY!         18         WG Blueberry Waffles
Strawberry Applesauce & 1% Milk   epperoni Pizza Wedge*   ceamed Broccoli   Iandarin Oranges & 1% Milk   Fruit Cock   PM SNACK   oldfish Crackers   coldfish Crackers   coldfish Crackers   coldfish Crackers   Cinnamon   ring Cheese   A   Bacon Breakfast Pizza   Craisins & 1% Milk   urkey & Gravy/Biscuit   Iashed Potatoes   Steamed Biscuit	Craisins & 1% Milk Fenders form tail & 1% Milk PM SNACK Goldfish Graham er Strips French Toast Sticks Apple Slices & 1% Milk	Peach Applesauce & 1% Milk Hot Dog* on Bun Baked Beans 1% Milk & Crunchy Apple #IowaAppleCrun PM SNACK Rice Chex Grapes 16 Cheese Omelet/Toast Applesauce Cup & 1% Milk	Apple Slices & 1% Milk   Breaded Chicken Patty   Steamed Edamame   Thickened Strawberries & 1% Milk   PM SNACK   Goldfish Crackers   Peaches   17   Egg & Bagel Sandwich	NO HEAD START TODAY!         18         WG Blueberry Waffles
epperoni Pizza Wedge* Chicken T   reamed Broccoli Steamed C   Iandarin Oranges & 1% Milk Fruit Cock   PM SNACK Fruit Cock   Foldfish Crackers Cinnamon   ring Cheese Red Peppe   4 Bacon Breakfast Pizza   15 Craisins & 1% Milk   Craisins & 1% Milk Popcorn C   Steamed Biscuit Steamed Biscuit   Iashed Potatoes Steamed Biscuit	Fenders Forn Itail & 1% Milk PM SNACK Goldfish Graham er Strips French Toast Sticks Apple Slices & 1% Milk	Hot Dog* on Bun Baked Beans 1% Milk & Crunchy Apple #IowaAppleCrun PM SNACK Rice Chex Grapes 16 Cheese Omelet/Toast Applesauce Cup & 1% Milk	Breaded Chicken Patty         Steamed Edamame         Thickened Strawberries & 1% Milk         PM SNACK         Goldfish Crackers         Peaches         17       Egg & Bagel Sandwich	18   WG Blueberry Waffles
eamed Broccoli Steamed C andarin Oranges & 1% Milk Fruit Cock PM SNACK oldfish Crackers Cinnamon ring Cheese Red Peppe Bacon Breakfast Pizza 15 Craisins & 1% Milk urkey & Gravy/Biscuit Popcorn C fashed Potatoes Steamed B	Corn Etail & 1% Milk <b>PM SNACK</b> Goldfish Graham Er Strips French Toast Sticks Apple Slices & 1% Milk	Baked Beans 1% Milk & Crunchy Apple #IowaAppleCrun <b>PM SNACK</b> Rice Chex Grapes 16 Cheese Omelet/Toast Applesauce Cup & 1% Milk	Steamed Edamame   Ich   Thickened Strawberries & 1% Milk   PM SNACK   Goldfish Crackers   Peaches   17   Egg & Bagel Sandwich	18   WG Blueberry Waffles
Iandarin Oranges & 1% MilkFruit CockPM SNACKCinnamonoldfish CrackersCinnamoncring CheeseRed PeppeIBacon Breakfast Pizza15Craisins & 1% MilkPopcorn Curkey & Gravy/BiscuitPopcorn CIashed PotatoesSteamed Bi	etail & 1% Milk <b>PM SNACK</b> Goldfish Graham er Strips French Toast Sticks Apple Slices & 1% Milk	1% Milk & Crunchy Apple       #IowaAppleCrun         PM SNACK         Rice Chex       Grapes         16       Cheese Omelet/Toast         Applesauce Cup & 1% Milk	AchThickened Strawberries & 1% Milk PM SNACKGoldfish CrackersGoldfish CrackersPeaches17Egg & Bagel Sandwich	
PM SNACK   Foldfish Crackers   Foldfish Crackers   Craising Cheese   Bacon Breakfast Pizza   Image: Craising & 1% Milk   Craising & 1% Milk   Image: Craising & 1	PM SNACK Goldfish Graham er Strips French Toast Sticks Apple Slices & 1% Milk	PM SNACK         Rice Chex         Grapes         16       Cheese Omelet/Toast         Applesauce Cup & 1% Milk	PM SNACK         Goldfish Crackers         Peaches         17       Egg & Bagel Sandwich	
Goldfish Crackers Cinnamon   tring Cheese Red Peppe   4 Bacon Breakfast Pizza   15 Craisins & 1% Milk   Craisins & 1% Milk Popcorn C   Iashed Potatoes Steamed Bi	Goldfish Graham er Strips French Toast Sticks Apple Slices & 1% Milk	Rice Chex Grapes 16 Cheese Omelet/Toast Applesauce Cup & 1% Milk	Goldfish Crackers         Peaches         17       Egg & Bagel Sandwich	
tring Cheese Red Peppe   4 Bacon Breakfast Pizza   15 Craisins & 1% Milk   Craisins & 1% Milk Popcorn C   Steamed Bis Steamed Bis	er Strips French Toast Sticks Apple Slices & 1% Milk	Grapes 16 Cheese Omelet/Toast Applesauce Cup & 1% Milk	Peaches     17   Egg & Bagel Sandwich	
4     Bacon Breakfast Pizza     15       Craisins & 1% Milk     15       'urkey & Gravy/Biscuit     Popcorn C       fashed Potatoes     Steamed Biscuit	French Toast Sticks Apple Slices & 1% Milk	16   Cheese Omelet/Toast     Applesauce Cup & 1% Milk	17 Egg & Bagel Sandwich	
Craisins & 1% Milk Urkey & Gravy/Biscuit Iashed Potatoes	Apple Slices & 1% Milk	Applesauce Cup & 1% Milk		
Furkey & Gravy/Biscuit     Popcorn C       Iashed Potatoes     Steamed Biscuit			Apple Slices & 170 Wilk	
lashed Potatoes Steamed B		Stuffed Crust Cheese Pizza	Corn Dog	Queso Blanco/Tortilla Chips
	roccoli	Corn	Baked Beans	Refried Beans/Salsa
	Oranges & 1% Milk	Fruit Cocktail & 1% Milk	Watermelon & 1% Milk	Peaches & 1% Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Six Cereal Goldfish C		Cheerios	Pears	Strawberry Applesauce
Applesauce Cup Cauliflower		String Cheese	Zucchini	Rice Chex
IBacon Breakfast Pizza22	French Toast Sticks	23 Cheese Omelet/Toast	24 Egg & Bagel Sandwich	25
	Apple Slices & 1% Milk	Apple Slices & 1% Milk	Cinnamon Applesauce & 1% Milk	
izza Crunchers Cheesebu		Walking Taco/Salsa	Sweet & Sour Chicken/Ramen	 NO HEAD START TODAY!
teamed Peas Steamed C	0	Romaine Lettuce/Dressing	Steamed Broccoli	
	pes & 1% Milk	Fruit Cocktail & 1% Milk	Pears & 1% Milk	
PM SNACK	PM SNACK	PM SNACK	PM SNACK	
Chilled Blueberries Fresh Grap		Apple Slices	Baby Carrots	
Goldfish Crackers Kix Cereal		Cheerios	String Cheese	
8 Bacon Breakfast Pizza 29	French Toast Sticks	<b>30</b> Cheese Omelet/Toast	31 Egg & Bagel Sandwich	
	Apple Slices & 1% Milk	Peach Applesauce & 1% Milk	Apple Slices & 1% Milk	
	i French Bread*	Pancakes/Cheese Omelet	Mini Corn Dogs	
teamed Broccoli Sweet Pota		Hash Brown Potato	Baked Beans	
Iandarin Oranges & 1% MilkPears & 1%		Chilled Blueberries	Peaches & 1% Milk	
PM SNACK	PM SNACK	PM SNACK	PM SNACK	
ed Pepper Strips Watermelo		String Cheese	Goldfish Crackers	
innamon Graham Cracker Cheerios		Celery Sticks	Cherry Tomatoes	
Nutritional information, including comm changes. Nutri-Slice will have the	e	found at norwalkschools.nutrisli		•