



Norwalk Community School District-Lakewood Elementary



OCTOBER 2024 BREAKFAST AND LUNCH MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| | 1 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | 2 Cheese Omelet/Toast <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | 3 Egg & Bagel Sandwich <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | 4 WG Cinni-Minis <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk |
| | Cheese Pizza <i>or</i> Deli Turkey Sandwich on a Bun Glazed Carrots Romaine Lettuce/Red Pepper Strips Peaches Cinnamon Applesauce Cup | Hamburger <i>or</i> Build a Cheese Pizza Kit Baked Beans Sliced Tomatoes/Baby Carrots Banana Thickened Strawberries | Macaroni & Cheese/Roll <i>or</i> Deli Ham* Sandwich on a Bun Steamed Peas Fresh Broccoli/Baby Carrots Pears Watermelon | French Toast Sticks/Cherry Yogurt <i>or</i> Deli Turkey Sandwich on a Bun Hash Brown Potato Baby Carrots/Chilled Edamame 100% Orange Juice Chilled Blueberries |
| 7 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | 8 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | 9 Cheese Omelet/Toast <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | 10 Egg & Bagel Sandwich <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | 11 WG Mini Pancakes <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk |
| Pepperoni Pizza Wedge* <i>or</i> Deli Turkey Sandwich on a Bun Steamed Broccoli Baby Carrots/Cauliflower Craisins Mandarin Oranges | Chicken Tenders <i>or</i> Diced Ham*/Dinner Roll Steamed Corn Romaine Lettuce/Red Pepper Strips Fruit Cocktail Applesauce | Hot Dog* on Bun <i>or</i> Deli Turkey Sandwich on a Bun Baked Beans Zucchini/Baby Carrots Honey Crisp Apple Grapes | Breaded Chicken Patty <i>or</i> Deli Ham* Sandwich on a Bun Steamed Edamame Romaine Salad/Tomato Slices Thickened Strawberries Peaches | Pancakes/Sausage Patties* <i>or</i> Build a Cheese Pizza Kit Hash Brown Potato Baby Carrots/Grape Tomatoes Fresh Orange Wedges 100% Apple Juice |
| 14 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | 15 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | 16 Cheese Omelet/Toast <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | 17 Egg & Bagel Sandwich <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | 18 WG Blueberry Waffles <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk |
| Turkey & Gravy/Biscuit <i>or</i> Deli Ham* Sandwich on a Bun Mashed Potatoes Baby Carrots/Broccoli Florets Fresh Apple Slices Pineapple & Mini Rice Krispy Treat | Popcorn Chicken/Roll <i>or</i> Turkey & Cheese Roll-Up Steamed Broccoli Baby Carrots/Cauliflower Florets Mandarin Oranges Craisins | Stuffed Crust Cheese Pizza <i>or</i> Deli Ham* Sandwich on a Bun Corn Chilled Edamame/Baby Carrots Fruit Cocktail Thickened Strawberries | Corn Dog <i>or</i> Deli Turkey Sandwich on a Bun Baked Beans Romaine Salad/Zucchini Coins Pears Watermelon | Queso Blanco/Tortilla Chips <i>or</i> Diced Turkey/Dinner Roll Refried Beans/Salsa Shredded Romaine/Diced Tomatoes Strawberry Applesauce Peaches |
| 21 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | 22 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | 23 Cheese Omelet/Toast <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | 24 Egg & Bagel Sandwich <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | 25 WG Blueberry Waffles <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk |
| Pizza Crunchers <i>or</i> Deli Turkey Sandwich on a Bun Steamed Peas Baby Carrots/Cucumber Slices Chilled Blueberries Applesauce | Cheeseburger <i>or</i> Deli Ham* Sandwich on a Bun Steamed Corn Romaine Lettuce/Sliced Tomatoes Fresh Grapes Apricots | Walking Taco/Salsa <i>or</i> Diced Ham*/Dinner Roll Refried Beans Shredded Romaine/Diced Tomatoes Apple Slices Fruit Cocktail | Sweet & Sour Chicken/Ramen <i>or</i> Deli Turkey Sandwich on a Bun Steamed Broccoli Baby Carrots/Chilled Edamame Pears Peaches | Grilled Cheese Sandwich <i>or</i> Deli Ham* Sandwich on a Bun Oven Baked French Fries Baby Carrots/Cucumber Slices Orange Wedges Cinnamon Applesauce Cup |
| 28 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | 29 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | 30 Cheese Omelet/Toast <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | 31 Egg & Bagel Sandwich <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk | |
| Orange Chicken/Brown Rice <i>or</i> Build a Cheese Pizza Kit Steamed Broccoli Baby Carrots/Red Pepper Strips Mandarin Oranges Fruit Cocktail | Pepperoni French Bread* <i>or</i> Deli Turkey Sandwich on a Bun Sweet Potato Fries Chilled Edamame/Romaine Lettuce Watermelon Pears | Pancakes/Cheese Omelet <i>or</i> Deli Ham* Sandwich on a Bun Hash Brown Potato Baby Carrots/Celery Sticks 100% Apple Juice Chilled Blueberries | Mini Corn Dogs <i>or</i> Turkey & Cheese Rollup Baked Beans Romaine Lettuce/Cherry Tomatoes Peaches Orange Cream Sidekick Slushy | |

Nutritional information, including common food allergens can be found at norwalkschools.nutrislice.com. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.

* Entrée May Contain Pork

Whole Grain-Rich Products Are Served

A Variety of Condiments Are Offered Daily

USDA is an equal opportunity provider.

Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.