



Norwalk Community School District-Orchard Hills Elementary



OCTOBER 2024 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	2 Cheese Omelet/Toast <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	3 Egg & Bagel Sandwich <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	4 WG Cinni-Minis <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk
	Cheese Pizza <i>or</i> Deli Turkey Sandwich on a Bun Glazed Carrots Romaine Lettuce/Red Pepper Strips Peaches Cinnamon Applesauce Cup	Hamburger <i>or</i> Build a Cheese Pizza Kit Baked Beans Sliced Tomatoes/Baby Carrots Banana Thickened Strawberries	Macaroni & Cheese/Roll <i>or</i> Deli Ham* Sandwich on a Bun Steamed Peas Fresh Broccoli/Baby Carrots Pears Watermelon	French Toast Sticks/Cherry Yogurt <i>or</i> Deli Turkey Sandwich on a Bun Hash Brown Potato Baby Carrots/Chilled Edamame 100% Orange Juice Chilled Blueberries
7 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	8 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	9 Cheese Omelet/Toast <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	10 Egg & Bagel Sandwich <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	11 WG Mini Pancakes <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk
Pepperoni Pizza Wedge* <i>or</i> Deli Turkey Sandwich on a Bun Steamed Broccoli Baby Carrots/Cauliflower Craisins Mandarin Oranges	Chicken Tenders <i>or</i> Diced Ham*/Dinner Roll Steamed Corn Romaine Lettuce/Red Pepper Strips Fruit Cocktail Applesauce	Hot Dog* on Bun <i>or</i> Deli Turkey Sandwich on a Bun Baked Beans Zucchini/Baby Carrots Honey Crisp Apple Grapes	Breaded Chicken Patty <i>or</i> Deli Ham* Sandwich on a Bun Steamed Edamame Romaine Salad/Tomato Slices Thickened Strawberries Peaches	Pancakes/Sausage Patties* <i>or</i> Build a Cheese Pizza Kit Hash Brown Potato Baby Carrots/Grape Tomatoes Fresh Orange Wedges 100% Apple Juice
14 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	15 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	16 Cheese Omelet/Toast <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	17 Egg & Bagel Sandwich <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	18 WG Blueberry Waffles <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk
Turkey & Gravy/Biscuit <i>or</i> Deli Ham* Sandwich on a Bun Mashed Potatoes Baby Carrots/Broccoli Florets Fresh Apple Slices Pineapple & Mini Rice Krispy Treat	Popcorn Chicken/Roll <i>or</i> Turkey & Cheese Roll-Up Steamed Broccoli Baby Carrots/Cauliflower Florets Mandarin Oranges Craisins	Stuffed Crust Cheese Pizza <i>or</i> Deli Ham* Sandwich on a Bun Corn Chilled Edamame/Baby Carrots Fruit Cocktail Thickened Strawberries	Corn Dog <i>or</i> Deli Turkey Sandwich on a Bun Baked Beans Romaine Salad/Zucchini Coins Pears Watermelon	Queso Blanco/Tortilla Chips <i>or</i> Diced Turkey/Dinner Roll Refried Beans/Salsa Shredded Romaine/Diced Tomatoes Strawberry Applesauce Peaches
21 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	22 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	23 Cheese Omelet/Toast <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	24 Egg & Bagel Sandwich <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	25 WG Blueberry Waffles <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk
Pizza Crunchers <i>or</i> Deli Turkey Sandwich on a Bun Steamed Peas Baby Carrots/Cucumber Slices Chilled Blueberries Applesauce	Cheeseburger <i>or</i> Deli Ham* Sandwich on a Bun Steamed Corn Romaine Lettuce/Sliced Tomatoes Fresh Grapes Apricots	Walking Taco/Salsa <i>or</i> Diced Ham*/Dinner Roll Refried Beans Shredded Romaine/Diced Tomatoes Apple Slices Fruit Cocktail	Sweet & Sour Chicken/Ramen <i>or</i> Deli Turkey Sandwich on a Bun Steamed Broccoli Baby Carrots/Chilled Edamame Pears Peaches	Grilled Cheese Sandwich <i>or</i> Deli Ham* Sandwich on a Bun Oven Baked French Fries Baby Carrots/Cucumber Slices Orange Wedges Cinnamon Applesauce Cup
28 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	29 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	30 Cheese Omelet/Toast <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	31 Egg & Bagel Sandwich <i>or</i> Cereal & Graham Crackers Fresh Fruit, 100% Juice & Milk	
Orange Chicken/Brown Rice <i>or</i> Build a Cheese Pizza Kit Steamed Broccoli Baby Carrots/Red Pepper Strips Mandarin Oranges Fruit Cocktail	Pepperoni French Bread* <i>or</i> Deli Turkey Sandwich on a Bun Sweet Potato Fries Chilled Edamame/Romaine Lettuce Watermelon Pears	Pancakes/Cheese Omelet <i>or</i> Deli Ham* Sandwich on a Bun Hash Brown Potato Baby Carrots/Celery Sticks 100% Apple Juice Chilled Blueberries	Mini Corn Dogs <i>or</i> Turkey & Cheese Rollup Baked Beans Romaine Lettuce/Cherry Tomatoes Peaches Orange Cream Sidekick Slushy	

Nutritional information, including common food allergens can be found at norwalkschools.nutrislice.com. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.

* Entrée May Contain Pork

Whole Grain-Rich Products Are Served

A Variety of Condiments Are Offered Daily

USDA is an equal opportunity provider.

Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.