October Lunch Menu-Grades 9th-12th

Monday	Tuesday	Wednesday	Thursday	Friday
	Mini Corn Dogs Grilled Cheese Sandwich Pasta & Meat Sauce/Breadstick Tater Tots Steamed Peas Watermelon Applesauce Assorted Fresh Fruit/Veggie Bar	Real Slice Pepperoni* Pizza Cheeseburger on Pretzel Bun Sweet & Sour Chicken/Rice Green Beans Steamed Broccoli Pears Apricots Assorted Fresh Fruit/Veggie Bar	Chicken Tenders/Dinner Roll BBQ Pork Rib*/Bun French Toast Sticks/Cheese Omelet Hash Brown Seasoned Italian Blend Vegetables 100% Fruit Juice Chilled Blueberries Assorted Fresh Fruit/Veggie Bar	Bosco Cheese Sticks/Marinara Breaded Chicken Drumstick/Biscuit Soft Beef Tacos/Salsa/Cheese Refried Beans Sweet Potato Fries Fruit Cocktail Cinnamon Applesauce Cup Assorted Fresh Fruit/Veggie Bar
Hot Dog* on a Bun Fiestada Beef Pizza/Salsa Popcorn Chicken/Dinner Roll Mashed Potatoes/Gravy Steamed Edamame Apple Slices Pineapple Assorted Fresh Fruit/Veggie Bar	Breaded Pork* Steak on a Bun Breaded Chicken Sandwich Macaroni & Cheese/Bread Stick Steamed Peas Corn Mandarin Oranges Baked Apples Assorted Fresh Fruit/Veggie Bar	Spicy Chicken Tenders/Roll Philly Beef Cheese Steak Walking Taco/Salsa Refried Beans Steamed Broccoli Pears Strawberries Assorted Fresh Fruit/Veggie Bar	Cheeseburger Pepperoni Pizza* Orange Chicken/Rice Baked Beans Italian Blend Vegetables Grapes Peaches Assorted Fresh Fruit/Veggie Bar	Garlic Cheese Bread Deluxe Chicken Sandwich Chicken Fajita Pasta/Breadstick Green Beans Seasoned Potato Wedges Fruit Cocktail Fresh Orange Wedges Assorted Fresh Fruit/Veggie Bar
Corn Dog Breaded Mozzarella Sticks/Marinara Honey Sriracha Chicken/Rice Sweet Potato Fries Corn Apple Slices Pineapple Assorted Fresh Fruit/Veggie Bar	Spicy Chicken Sandwich Cheese Pizza Beef & Noodles/Dinner Roll Steamed Peas Mashed Potatoes Orange Wedges Pears Assorted Fresh Fruit/Veggie Bar	BBQ Pork* Rib on a Bun Popcorn Chicken/Dinner Roll Queso Blanco/Tortilla Chips Fiesta Black Beans Green Beans Green Beans Cinnamon Applesauce Apricots Assorted Fresh Fruit/Veggie Bar	Chicken Drumstick/Biscuit Cheese Stuffed Sticks/Marinara Baked Potato Bar/Biscuit Broccoli Glazed Carrots Fruit Cocktail Mandarin Oranges Assorted Fresh Fruit/Veggie Bar	Hamburger Pepperoni French Bread* Pancakes/Cheese Omelet Hash Brown Edamame Strawberries Peaches Assorted Fresh Fruit/Veggie Bar
Mini Corn Dogs Fiestada Beef Pizza Chicken Crispitos/Cheese Sauce/Salsa Refried Beans Steamed Broccoli Craisins Applesauce Assorted Fresh Fruit/Veggie Bar	Cheeseburger Individual Pepperoni* Pizza Chicken & Noodles/Dinner Roll Green Beans Mashed Potatoes Grapes Strawberries Assorted Fresh Fruit/Veggie Bar	Breaded Chicken Sandwich Garlic Cheese Bread Spaghetti & Meat Sauce/Breadstick Edamame Glazed Carrots Pears Apple Slices Assorted Fresh Fruit/Veggie Bar	Chicken Tenders/Dinner Roll Bosco Cheese Sticks/Marinara French Toast Sticks/Cheese Omelet Hash Brown Italian Blend Vegetables 100% Fruit Juice Chilled Blueberries Assorted Fresh Fruit/Veggie Bar	Cheese Pizza Deluxe Chicken Sandwich Salisbury Steak/Gravy/Biscuit Scalloped Potatoes Steamed Peas Mandarin Oranges Pineapple Assorted Fresh Fruit/Veggie Bar
Chicken Nuggets/Roll Pizza Crunchers Chicken Fajitas/Salsa/Cheese Baked Beans Steamed Broccoli Apple Slices Apricots Assorted Fresh Fruit/Veggie Bar	Hamburger Garlic Cheese Bread Turkey & Gravy/Biscuit Mashed Potatoes Green Beans Mandarin Oranges Fruit Cocktail Assorted Fresh Fruit/Veggie Bar	BBQ Beef Rib on a Bun Spicy Chicken Sandwich Pancakes/Sausage Patties* Hash Brown Glazed Carrots 100% Fruit Juice Chilled Blueberries Assorted Fresh Fruit/Veggie Bar	Grilled Chicken Sandwich Stuffed Crust Cheese Pizza Beef & Cheese Lasagna/Garlic Knot Peas Corn Peaches Orange Cream Sidekick Assorted Fresh Fruit/Veggie Bar	

USDA is an equal opportunity provider. Menu is subject to change. Nutritional information is found at norwalkschools.nutrislice.com. Milk variety offered daily. Salad Bar or Deli Sandwich Bar are offered daily as another meal option!