







Norwalk Community School District-Gluten-Free Elementary

NOVEMBER 2024 GLUTEN-FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Elementary Meal Pricing for 2024-2025 Elementary Breakfast Meal \$2.25/Reduced Price Breakfast Meal \$.30 Elementary Lunch Meal Price \$3.20/Reduced Price Lunch \$.40 Second Lunch Meal Option (Available at Lakewood) \$3.80 Single Carton of Milk \$.50 (Milk is included with the meal.) Adult Lunch Meal Price \$5.00			1 Homemade GF Garlic Cheese Bread Green Beans Broccoli Florets/Cucumber Slices Peach Applesauce Cup Thickened Strawberries
4	5	6	7	8
GF Cheeseburger Steamed Broccoli Baby Carrots/Zucchini Pineapple Cinnamon Applesauce Cup	GF Corn Dog Green Beans Romaine Lettuce/Red Pepper Strips Banana Strawberries	GF Cheese Pizza Steamed Corn Chilled Edamame/Baby Carrots Apple Slices Fruit Cocktail	Walking Taco Refried Beans/Salsa Shredded Romaine/Diced Tomatoes Pears Sidekick Fruit Slushy	GF Grilled Chicken Sandwich Mixed Vegetables Baby Carrots/Broccoli Florets Mandarin Oranges Baked Apples
11	12	13	14	15
GF Chicken Tenders  Sweet Potato Fries Baby Carrots/Romaine Lettuce Apple Slices Pineapple 	GF Cheese Pizza Glazed Carrots Romaine Lettuce/Red Pepper Strips Peaches Cinnamon Applesauce Cup	GF Pancakes/Cherry Yogurt Hash Brown Baby Carrots/Chilled Edamame 100% Fruit Juice Chilled Blueberries	 No School Grades K-12  	
18	19	20	21	22
GF Cheeseburger Steamed Broccoli Baby Carrots/Cauliflower Craisins Mandarin Oranges	GF Chicken Tenders Steamed Corn Romaine Lettuce/Red Pepper Strips Fruit Cocktail Applesauce	Hot Dog* on GF Bun Baked Beans Zucchini/Baby Carrots Apricots Grapes	GF Grilled Chicken Sandwich Steamed Edamame Romaine Salad/Tomato Slices Pears Peaches	GF Pancakes/Sausage Patties* Hash Brown Potato Baby Carrots/Grape Tomatoes Fresh Orange Wedges 100% Apple Juice
25	26	27	28	29
GF Corn Dog Steamed Broccoli Baby Carrots/Cauliflower Florets Mandarin Oranges Craisins	GF Deli Turkey on GF Bun Mashed Potatoes Baby Carrots/Broccoli Florets Applesauce Cup Pineapple & GF Chocolate Chip Cookie	Happy Thanksgiving! 		
<i>Nutritional information, including common food allergens can be found at norwalkschools.nutrislice.com. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.</i>				
* Entrée May Contain Pork Whole Grain-Rich Products Are Served A Variety of Condiments Are Offered Daily USDA is an equal opportunity provider. Menu is subject to change without notice. GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily All meals include a choice of fruit & vegetable sides, as well as a carton of milk.				