

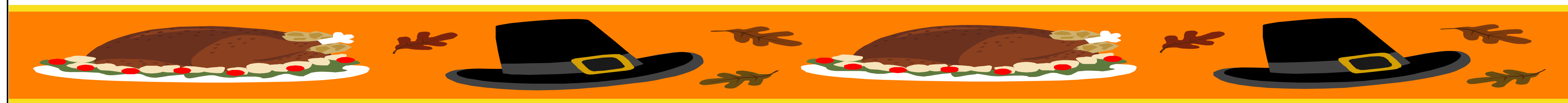
Norwalk Community School District-Head Start

NOVEMBER 2024 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>1 Rice Chex Cereal</p> <p>Apple Slices & 1% Milk</p> <hr/> <p>Cheese Stuffed Sticks/Marinara</p> <p>Green Beans</p> <p>Thickened Strawberries & 1% Milk</p> <p align="center">PM SNACK</p> <p>Cinnamon Goldfish Graham Cracker</p> <p>String Cheese</p>
<p>4 Bacon Breakfast Pizza</p> <p>Cinnamon Applesauce Cup & 1% Milk</p> <hr/> <p>Garlic Cheese French Bread</p> <p>Steamed Broccoli</p> <p>Pineapple & 1% Milk</p> <p align="center">PM SNACK</p> <p>Baby Carrots</p> <p>Goldfish Crackers</p>	<p>5 French Toast Sticks</p> <p>Craisins & 1% Milk</p> <hr/> <p>Pasta & Meat Sauce</p> <p>Green Beans</p> <p>Strawberries & 1% Milk</p> <p align="center">PM SNACK</p> <p>Cheerios</p> <p>Yogurt</p>	<p>6 Cheese Omelet/Toast</p> <p>Banana & 1% Milk</p> <hr/> <p>Personal Cheese Pizza</p> <p>Steamed Corn</p> <p>Apple Slices & 1% Milk</p> <p align="center">PM SNACK</p> <p>Apple Slices</p> <p>Cheerios</p>	<p>7 Egg & Bagel Sandwich</p> <p>Apple Slices & 1% Milk</p> <hr/> <p>Walking Taco/Doritos</p> <p>Refried Beans/Salsa</p> <p>Pears & 1% Milk</p> <p align="center">PM SNACK</p> <p>Baby Carrots</p> <p>String Cheese</p>	<p>8 Kix Cereal</p> <p>Craisins & 1% Milk</p> <hr/> <p>Breaded Mozzarella Sticks/Marinara</p> <p>Mixed Vegetables</p> <p>Baked Apples & 1% Milk</p> <p align="center">PM SNACK</p> <p>Mandarin Oranges</p> <p>Rice Chex</p>
<p>11 Bacon Breakfast Pizza</p> <p>Craisins & 1% Milk</p> <hr/> <p>Chicken Nuggets</p> <p>Sweet Potato Fries</p> <p>Apple Slices & 1% Milk</p> <p align="center">PM SNACK</p> <p>Cinnamon Goldfish Graham</p> <p>Yogurt</p>	<p>12 French Toast Sticks</p> <p>Apple Slices & 1% Milk</p> <hr/> <p>Cheese Pizza</p> <p>Glazed Carrots</p> <p>Peaches & 1% Milk</p> <p align="center">PM SNACK</p> <p>Red Pepper Strips</p> <p>Cinnamon Applesauce Cup</p>	<p>13 Cheese Omelet/Toast</p> <p>Strawberry Applesauce & 1% Milk</p> <hr/> <p>French Toast Sticks/Cherry Yogurt</p> <p>Baby Carrots</p> <p>Chilled Blueberries & 1% Milk</p> <p align="center">PM SNACK</p> <p>Baby Carrots</p> <p>String Cheese</p>	<p>14 15</p> <p align="center">No School Grades K-12</p> <p align="center">Head Start Providing Meals for November 14 & 15</p>	
<p>18 Bacon Breakfast Pizza</p> <p>Peach Applesauce & 1% Milk</p> <hr/> <p>Pepperoni Pizza Wedge*</p> <p>Steamed Broccoli</p> <p>Mandarin Oranges</p> <p align="center">PM SNACK</p> <p>Craisins</p> <p>Goldfish Crackers</p>	<p>19 French Toast Sticks</p> <p>Apple Slices & 1% Milk</p> <hr/> <p>Chicken Tenders</p> <p>Steamed Corn</p> <p>Fruit Cocktail</p> <p align="center">PM SNACK</p> <p>Rice Chex</p> <p>Applesauce</p>	<p>20 Cheese Omelet/Toast</p> <p>Fresh Fruit, 100% Juice & Milk</p> <hr/> <p>Hot Dog* on Bun</p> <p>Baked Beans</p> <p>Apricots</p> <p align="center">PM SNACK</p> <p>Apricots</p> <p>Cinnamon Goldfish Graham</p>	<p>21 Egg & Bagel Sandwich</p> <p>Fresh Fruit, 100% Juice & Milk</p> <hr/> <p>Breaded Chicken Patty</p> <p>Steamed Edamame</p> <p>Pears</p> <p align="center">PM SNACK</p> <p>Pears</p> <p>Cheerios</p>	<p>22</p> <p align="center">No Head Start Today!</p>
25	26	27	28	29

Happy Thanksgiving!

No Head Start Classes November 25th-29th!



Nutritional information, including common food allergens can be found at norwalkschools.nutrislice.com. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.

* Entrée May Contain Pork Whole Grain-Rich Products Are Served A Variety of Condiments Are Offered Daily
 USDA is an equal opportunity provider. Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.