




# Norwalk Community School District-Grades 6-12



## JANUARY 2025 GLUTEN-FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>6</b> <b>GF Turkey &amp; Gravy/GF Roll</b> Mashed Potatoes Green Beans Apple Slices Apricots	<b>7</b> <b>GF Chicken Fajita Meat/Tortilla Chips</b> Steamed Broccoli Baked Beans Mandarin Oranges Fruit Cocktail	<b>8</b> <b>GF Pancakes/Sausage Patties*</b> Hash Brown Glazed Carrots Chilled Blueberries 100% Fruit Juice	<b>9</b> <b>Grilled Chicken on GF Bun</b> Tater Tots Peas Peaches Applesauce Cup	<b>10</b> <b>GF Cheeseburger</b> Steamed Broccoli Edamame Pears Fruity Sidekick Slushy
<b>13</b> <b>GF Chicken Tenders/GF Roll</b> Glazed Carrots Baked Beans Thickened Strawberries Craisins	<b>14</b> <b>GF Corn Dog*</b> Oven Baked Fries Steamed Peas Orange Wedges Applesauce	<b>15</b> <b>GF Cheeseburger</b> Green Beans Steamed Broccoli Apricots Pears	<b>16</b> <b>GF Pancakes/Cheese Omelet</b> Hash Brown Italian Blend Vegetables 100% Fruit Jice Chilled Blueberries	<b>17</b> <b>Beef Taco Meat/Tortilla Chips</b> Refried Beans/Salsa Sweet Potato Fries Fruit Cocktail Cinnamon Applesauce
<b>20</b> <b>No School Today!</b> 	<b>21</b> <b>Hot Dog* on GF Bun</b> Corn Mashed Potatoes Apple Slices Pineapple	<b>22</b> <b>Beef Taco Meat/Tortilla Chips/Cheese</b> Refried Beans Steamed Broccoli Pears Strawberries	<b>23</b> <b>Homemade Garlic Cheese Bread</b> Baked Beans Italian Blend Vegetables Peaches Banana	<b>24</b> <b>GF Chicken Tenders/GF Roll</b> Potato Wedges Green Beans Fruit Cocktail Craisins/GF Chocolate Chip Cookie
<b>27</b> <b>GF Corn Dog*</b> Sweet Potato Fries Steamed Corn Apple Slices Pineapple	<b>28</b> <b>GF Cheese Pizza</b> Peas Mashed Potatoes Orange Wedges Pears	<b>29</b> <b>Queso Blanco/Tortilla Chips</b> Refried Beans Green Beans Apricots Cinnamon Applesauce	<b>30</b> <b>GF Chicken Tenders/GF Roll</b> Baked Beans Steamed Broccoli Fruit Cocktail Mandarin Oranges	<b>31</b> <b>GF Pancakes/Cheese Omelet</b> Hash Brown Edamame Thickened Strawberries Peaches



**Breakfast is offered each morning in the cafeteria beginning at 7:30. It is a great way to jumpstart your day and it is a great value.**

\* Entrée May Contain Pork

Whole Grain-Rich Products Are Served

A Variety of Condiments Are Offered Daily

USDA is an equal opportunity provider.

Menu is subject to change without notice.

GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily