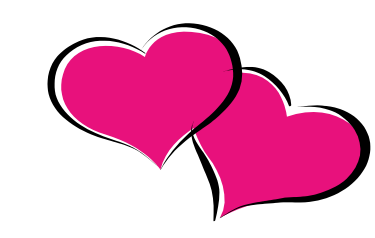
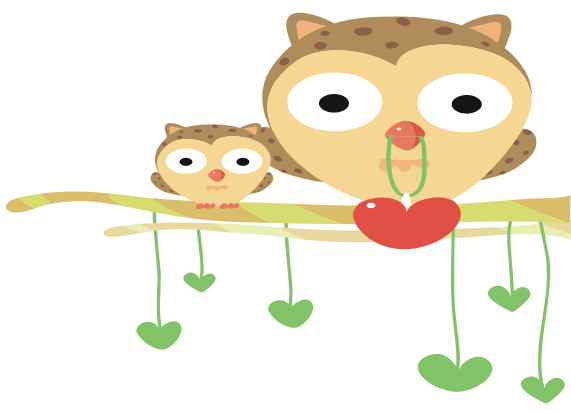


# Norwalk Community School District-Gluten-Free Grades 6-12



## FEBRUARY 2025 GLUTEN-FREE SECONDARY LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> <b>GF Corn Dog</b> Steamed Broccoli Refried Beans Applesauce Craisins	<b>4</b> <b>GF Cheeseburger</b> Green Beans Mashed Potatoes Grapes Strawberries	<b>5</b> <b>GF Grilled Chicken Sandwich</b> Edamame Glazed Carrots Pears Apple Slices	<b>6</b> <b>GF Pancakes/Cheese Omelet</b> Hash Brown Italian Blend Vegetables 100% Fruit Juice Chilled Blueberries	<b>7</b> <b>GF Cheese Pizza</b> Baby Carrots Steamed Peas Mandarin Oranges Pineapple
<b>10</b> <b>Turkey &amp; Gravy/GF Roll</b> Mashed Potatoes Green Beans Apple Slices Apricots	<b>11</b> <b>GF Chicken Fajita Meat/Tortilla Chips</b> Steamed Broccoli Refried Beans Mandarin Oranges Fruit Cocktail	<b>12</b> <b>GF Pancakes/Sausage Patties*</b> Potato Wedges Glazed Carrots 100% Fruit Juice Chilled Blueberries	<b>13</b> <b>GF Homemade Garlic Cheese Bread</b> Steamed Peas Fresh Broccoli/Baby Carrots Pears Mandarin Oranges	<b>14</b> <b>GF Grilled Chicken Sandwich</b> Steamed Broccoli Edamame Pears Fruity Sidekick
<b>17</b> <b>No School Today!</b> 	<b>18</b> <b>GF Cheese Pizza</b> Steamed Broccoli Baby Carrots/Cauliflower Mandarin Oranges Craisins	<b>19</b> <b>GF Chicken Tenders</b> Steamed Corn Romaine Lettuce/Cherry Tomatoes Fruit Cocktail Applesauce	<b>20</b> <b>GF Grilled Cheese Sandwich</b> Steamed Edamame Romaine Lettuce/Tomato Slices Pears Peaches	<b>21</b> <b>Hot Dog on a GF Bun*</b> Baked Beans Baby Carrots/Celery Sticks Baked Apples Orange Wedges
<b>24</b> <b>Hot Dog on GF Bun*</b> Mashed Potatoes Steamed Edamame Apple Slices Pineapple	<b>25</b> <b>GF Hamburger on Bun</b> Corn Steamed Peas Mandarin Oranges Baked Apples	<b>26</b> <b>Walking Taco</b> Refried Beans Steamed Broccoli Pears Strawberries	<b>27</b> <b>GF Cheese Pizza</b> Baked Beans Italian Blend Vegetables Peaches Banana	<b>28</b> <b>Homemade GF Garlic Cheese Bread</b> Green Beans Seasoned Potato Wedges Fruit Cocktail Craisins

*Nutritional information, including common food allergens can be found at [norwalkschools.nutrislice.com](http://norwalkschools.nutrislice.com). Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.*

\* Entrée May Contain Pork

Whole Grain-Rich Products Are Served

A Variety of Condiments Are Offered Daily

USDA is an equal opportunity provider.

Menu is subject to change without notice.

Breakfast is offered each morning beginning at 7:30 in the cafeteria. GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily