



Norwalk Community School District-Gluten Free Grades 6-12

APRIL 2025 GLUTEN FREE SECONDARY LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1 GF Corn Dog Oven Baked Fries Steamed Peas Orange Wedges Applesauce	2 Cheeseburger on GF Bun Green Beans Steamed Broccoli Pears Mandarin Oranges	3 GF Pancakes/Cheese Omelet Potato Wedges Italian Blend Vegetables 100% Fruit Juice Chilled Blueberries	4 Beef Taco Meat/Tortilla Chips Refried Beans Sweet Potato Fries Fruit Cocktail Cinnamon Applesauce	
	7 Hot Dog* on GF Bun Mashed Potatoes Corn Apple Slices Pineapple	8 Cheeseburger on GF Bun Green Beans Peas Grapes Strawberries	9 Walking Taco Fiesta Black Beans Steamed Broccoli Pears Baked Apples	10 GF Corn Dog Baked Beans Edamame Fruit Cocktail Mandarin Oranges	11 GF Pancakes/Cheese Omelet Potato Wedges Carrots Peaches Orange Wedges
	14 GF Corn Dog* Sweet Potato Fries Corn Apple Slices Pineapple	15 GF Cheese Pizza Green Beans Mashed Potatoes Orange Wedges Pears	16 Queso Blanco/Tortilla Chips Fiesta Black Beans Steamed Broccoli Strawberries Apricots	17 GF Chicken Tenders/GF Roll Steamed Broccoli Glazed Carrots Fruit Cocktail Mandarin Oranges	18 GF Hamburger Oven Baked Tater Tots Edamame Chilled Blueberries Peaches
	21 GF Turkey & Gravy/GF Roll Mashed Potatoes Green Beans Apple Slices Apricots	22 Chicken Fajita Meat/Tortilla Chips Refried Beans  Steamed Broccoli Mandarin Oranges Fruit Cocktail	23 GF Pancakes/Sausage Patties* Potato Wedges Glazed Carrots 100% Fruit Juice Chilled Blueberries	24 Grilled Chicken on GF Bun Tater Tots Peas Peaches Applesauce	25 Homemade GF Garlic Cheese Bread Edamame Steamed Broccoli Pears Fruity Sidekick
	28 Queso Blanco/Tortilla Chips Refried Beans Glazed Carrots Pineapple Thickened Strawberries	29 GF Cheeseburger Mashed Potatoes Baked Beans Mandarin Oranges Fruit Cocktail	30 GF Cheese Pizza Sweet Potato Fries Green Beans Applesauce Peaches		

Breakfast is offered each morning in the cafeteria beginning at 7:30. It is a great way to jumpstart your day and it is a great value.

* Entrée May Contain Pork Whole Grain-Rich Products Are Served A Variety of Condiments Are Offered Daily
 USDA is an equal opportunity provider. Menu is subject to change without notice.

Breakfast is offered each morning beginning at 7:30 in the cafeteria. GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily